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pistol
matches
hone skills
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Hawaii Department of Defense

pupukahi

pupukahi: "harmoniously united"

Vol. 33, No. 1

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February - March 1998

Calendar

April 25-26

Hawaii National Guard Family Program Conference. Turtle Bay Hilton Hotel.

May 4-8

Makani Pahili Exercise, State Civil Defense's statewide hurricane training exercise.

May 11-16

Hawaii Military Week, various activities at various locations recognizing contributions of the military.

May 17, Sunday

30th anniversary of the 29th Infantry Brigade '68 Call-up, Brigade HQ, 22nd Ave, 10 a.m.

May 25, Monday

Memorial Day, ceremonies at the Punchbowl, the Cemetery of the Pacific, 11 a.m.; Hawaii State Veterans Cemetery, Kaneohe, 1 p.m., federal and state holiday.

June 11, Thursday

Kamehameha Day, state holiday.

July 3, Friday

Fourth of July, federal and state holiday.

August 21, Friday

Admissions Day, state holiday.



William Ing, Hawaii Tribune-Herald

2,000 GALLON BUCKET BRIGADE — A Hawaii Army National Guard CH-47D Chinook medium lift helicopter drops a 2,000 gallon load of sea water over a brush fire in Puna, on the Big Isle of Hawaii.

Hawaii Guard helicopters fight Puna brush fires

By Sgt. 1st Class
Stephen M. Lum

Two Hawaii Army National Guard helicopters flew water bucket operations in support of Hawaii County Civil Defense and Fire Department, Feb. 17-20. A CH-47D Chinook from Oahu's Company C (Medium Lift), 193rd Aviation and the UH-60 Blackhawk from Hilo's Combat Enhanced Capability Aviation Team (Medical Aviation Detachment) fought the wild fire in Puna district.

The operation encompassed 2,500 acres burnt between the Hawaiian Beaches and Paradise Park subdivisions. Guard helicopters joined three county and private helicopters that were dropping 100 gallon loads for two days.

"The Chinook's five person crew logged 13.1 hours, making 35 drops of more than 70,000 gallons," said Col. Vern T. Miyagi, the Hawaii Army Guard's plans, operations and training officer. "Each load of sea water was about 2,000 gallons.

"The four-member Blackhawk team logged 14.5 hours, making

94 drops of more than 56,400 gallons. The Blackhawk's water bucket loads were in the 660 gallon range."

"The porous lava rock of the young Puna district makes fire fighting a challenge," said Chief Warrant Officer Nelson Kunitake, Limited Army Aviation Support Facility manager and pilot. "Water is not able to saturate the grounds, but rather filters right through the rocks. The rocks, like the type used for imu smoking, retain heat for a long time. When winds blow they fan the cinders and rekindle the fire."

"That Chinook is one big piece of equipment. It helped save the day," said Harry Kim, Big Island civil defense administrator.

Gov. Benjamin J. Cayetano asked Maj. Gen. Edward V. Richardson, the adjutant general, to call out the Guard helicopters again the weekend of March 13-14, when brush fires threatened homes at Leilani Estates.

The helicopters flew 26 missions, dropping 52,000 gallons of water.

Inouye given Washington Freedom Award

The Adjutants General Association of the United States (AGAUS) presented U.S. Sen. Daniel K. Inouye with its highest honor, the George Washington Freedom Award, Feb. 2. The ceremony was held in conjunction with the annual meeting of the adjutants general at the National Guard Memorial building in Washington.

Inouye was nominated for the award by Maj. Gen. Edward V. Richardson, the adjutant general of Hawaii.

AGAUS, comprised of the National Guard commanding generals in 54 states and territories, presents the award annually to recognize outstanding contribu-



Inouye

tions to national defense and the cause of freedom. Past recipients include Pres. Ronald Reagan, U.S. Rep. G.V. "Sonny" Montgomery and U.S. Sen. Robert Dole.

"Few people have labored harder and more effectively to keep America strong, united and free than Sen. Daniel Inouye," said Maj. Gen. Ronald O. Harrison, AGAUS president and the adjutant general of Florida.

"Senator Inouye is recognized for his leadership, poise, loyalty and personal bravery as a combat veteran and a U.S. Senator," said Richardson. "Through his roles, he has provided wisdom, leadership, and courage in his commitment for maintaining strong and well-trained armed forces with modern equipment. He has worked very closely with his colleagues to ensure that our *total force* military is second to none. He has effectively assisted the United States to preserve peace, order and public safety against the growing threats to our country."

Sen. Inouye's national service spans
See INOUE — page 6

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Command Notes



Maj. Gen. Edward V. Richardson
The Adjutant General

Brigade's '68 activation commemorated - honoring those who served when called

The 30th anniversary of one of the Hawaii National Guard's most historic events is nearly upon us. On May 13, 1968 the 29th Infantry Brigade was called to active duty for eventual service in Vietnam. The Hawaii Army National Guard unit was one of only four Army National Guard brigades federally activated during the Vietnam conflict. To mark the anniversary, the Hawaii National Guard is planning to hold a ceremony at the 29th In-

fantry Brigade Headquarters on Sunday, May 17, 1998 at 10:00 a.m. More than 4,000 soldiers were activated and more than 1,100 went on to perform duty in South east Asia. Twenty-nine members of the Brigade and the Army Reserve's 100th Battalion died by the time the unit was returned to state control in December 1969. One of those who made the ultimate sacrifice was 1st Lt. John Kauhahao. His story of bravery is told on page 3 of this issue. It is only fitting that we honor those such as Kauhahao, and all of the other soldiers, who fulfilled their commitment to serve their country when they were called.

The Brigade continues to build on its legacy. Alpha and Charlie Companies of the 2nd Battalion, 299th Infantry recently returned from separate deployments to the Joint Readiness Training Center (JRTC), Fort Polk, La. Both units performed outstandingly while being pitted against forces from the active-duty Army. Details of the Company C deployment can be found on page 4.

Departmental awards

Congratulations go to the 154th Wing for winning the 1997 Air National Guard Flight Safety Award

and the 1997 Air National Guard Explosive Safety Award. The Wing was cited by the National Guard Bureau as an outstanding unit whose superior performance has earned these prestigious awards.

I want to take this opportunity to congratulate the Hawaii National Guard's Youth Challenge Program for receiving the HMSA's Ola Pono Award. Gov. Cayetano presented the award to Youth Challenge director Bob Watanabe Feb. 27th, for the program's contribution to policies, curriculum and activities that promote a safe and drug-free Hawaii. Youth Challenge received the Ola Pono Award in the Community Award category.

Kauai hero

I want to recognize Tech. Sgt. Douglas Brandt, from the 154th Aircraft Control Squadron, on Kauai, for his quick actions that saved the life of his neighbor. On the afternoon of Feb. 23, Brandt was frantically approached by a young woman, who lived four houses away. She told Brandt that her father was unconscious and she was looking for someone who knew CPR. Brandt had been taught

CPR as part of his Hawaii National Guard training. He immediately went to work on the victim until paramedics arrived minutes later to restart the man's heart. The victim was revived and taken to the hospital, where he was recovering. Brandt's training and quick thinking reflect greatly upon himself and the Hawaii National Guard.

Guard's emerging role: weapons of mass destruction

In January 1998, a joint study group formulated the Reserve Component Plan for Weapons of Mass Destruction (WMD) Integration. This plan was approved by the Honorable John J. Hamre, Deputy Secretary of Defense, Jan. 26. A key component of this plan is the formation of a full-time National Guard quick response force within each state and territory. The Rapid Assessment and Initial Detection (RAID) team will be comprised of 22 full-time members and 22 M-day soldiers and airmen. The mission of this unit is to provide a first response capability to civil authorities in the event of a terrorist attack involving WMD. Additional functions include the provision of training and equipment support to civil

authorities and first responders.

During FY 99, ten pilot states will be selected to test the new NG RAID teams. I am actively working with our Congressional delegation and the leadership at NGB to get Hawaii selected as one of the pilot states. The final selections should be made known during May or June 1998.

Preparation, management, consequences of terrorism

NICI's mobile training team will provide a comprehensive five-day course on preparing for and managing the consequences of terrorism, May 11-15, at the Ilikai Hotel. This course is designed for emergency managers, planners, and responders who will respond to domestic terrorist event. The course will cover the interagency planning and response process required for effective handling of a domestic terrorist event. The course provides threat analysis and techniques for responding to weapons of mass destruction terrorist attacks. Roles of key federal agencies, state and local emergency systems, and the military's role in responding to this threat are examined. The Guard's direct role in these emergencies will also be covered.

Departmental News

Ways to eat well, keeping down costs:

1) Stay away from vending machines. Potato chips and a candy bar cost around \$1.50 and contain 22 grams of fat between them. Quick comparison - A pear costs 25 cents or so, contains almost no fat, and it's full of fiber and vitamins, whereas a one ounce bag of potato chips costs

50 cents or more and comes with 10 grams (90 calories) of fat.

2) Reduce your meat intake to 6 ounces or less per day. Meat is relatively expensive and it's often fat-laden as well. Instead, get your protein (and fiber) from beans, bread, rice, pasta, and low-fat dairy products.

3) Eat a wholesome

breakfast at home. Eating breakfast out invariably means doughnuts, Danish and other fat-filled packaged foods.

4) Bring a bag lunch to work. It costs far less than even the cheapest of fast-food joints. (And we know all about the nutrition you'll be getting there.)

Burn fat aerobically. If your aim is to burn fat, the

best way to do this is with intense aerobic exercise. When referring to intense exercise, we mean exercising at about 70 percent of CO2 max, which equates with an easy running pace. Steady-state aerobic exercise burns body fat, for sure, but throw in some occasional sprints - whether on a bike, running, in the pool, and

you'll burn even more fat. **Burn fat with strength training.** Strength training makes us stronger, improves overall fitness, and helps us maintain muscle tissues and bone mass as we age, and it's a good calorie-burner. What's more, strength training burns body fat. Strength training will improve your resting metabolic rate, which is the number of calories you burn at rest. Burn calories and you burn off unwanted fat.

Final thoughts: Keep it simple. Place emphasis on your exercise regimen, and don't worry too much about strict calorie counting. Instead of juggling two big things at once (calories consumed and calories spent), just concentrate on your workouts. Chances are, the rest will take care of itself. Good Luck on a healthier life-style.

Editors note: Submitted by Lt. Col. Raymond Jardine Jr., executive officer, 103rd Troop Command.

Reserve Duty Pay

Here are the one-day reserve drill rates effective Jan. 1, 1998, reflecting the 2.81 percent raise included in the 1998 Defense Authorization Act. In general, a weekend drill is worth four one-day drills.

Grade	Years of service														
	<2	2	3	4	6	8	10	12	14	16	18	20	22	24	26
<i>Commissioned officers</i>															
0-10	252.21	261.08	261.08	261.08	261.08	271.10	271.10	286.12	286.12	306.59	306.59	327.12	327.12	327.12	347.49
0-9	223.52	229.38	234.27	234.27	234.27	240.22	240.22	250.22	250.22	271.10	271.10	286.12	286.12	286.12	306.59
0-8	202.45	208.53	213.47	213.47	213.47	229.38	229.38	240.22	240.22	250.22	261.08	271.10	277.79	277.79	277.79
0-7	168.22	179.66	179.66	179.66	179.66	187.72	187.72	198.60	198.60	208.53	229.38	245.16	245.16	245.16	245.16
0-6	124.68	136.98	145.97	145.97	145.97	145.97	145.97	145.97	150.93	174.79	183.71	187.72	198.60	205.31	215.39
0-5	99.73	117.09	125.19	125.19	125.19	125.19	128.96	135.92	145.03	155.89	164.81	169.82	175.75	175.75	175.75
0-4	84.05	102.36	109.18	109.18	111.21	116.11	124.04	131.01	136.98	143.01	146.93	146.93	146.93	146.93	146.93
0-3	78.11	87.33	93.37	103.30	108.25	112.12	118.20	124.04	127.08	127.08	127.08	127.08	127.08	127.08	127.08
0-2	68.12	74.39	89.37	92.38	94.29	94.29	94.29	94.29	94.29	94.29	94.29	94.29	94.29	94.29	94.29
0-1	59.14	61.55	74.39	74.39	74.39	74.39	74.39	74.39	74.39	74.39	74.39	74.39	74.39	74.39	74.39
<i>Commissioned officers with more than four years' active-duty service as an enlisted member or warrant officer</i>															
0-3E	0.00	0.00	0.00	103.30	108.25	112.12	118.20	124.04	128.96	128.96	128.96	128.96	128.96	128.96	128.96
0-2E	0.00	0.00	0.00	92.38	94.29	97.28	102.36	106.27	109.18	109.18	109.18	109.18	109.18	109.18	109.18
0-1E	0.00	0.00	0.00	74.39	79.47	82.39	85.39	88.35	92.38	92.38	92.38	92.38	92.38	92.38	92.38
<i>Warrant officers (for Army, Navy and Marine Corps)</i>															
W-5	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	135.82	140.96	145.04	151.15	
W-4	79.58	85.39	85.39	87.33	91.31	95.33	99.33	106.27	111.21	115.12	118.20	122.01	126.09	130.02	135.92
W-3	72.33	78.46	78.46	79.47	80.40	86.28	91.31	94.29	97.28	100.19	103.30	107.33	111.21	111.21	115.12
W-2	63.35	68.54	68.54	70.53	74.39	78.46	81.44	84.42	87.33	90.40	93.37	96.30	100.19	100.19	100.19
W-1	52.78	60.51	60.51	65.57	68.54	71.48	74.39	77.45	80.40	83.39	86.28	89.37	89.37	89.37	89.37
<i>Enlisted members</i>															
E-9	0.00	0.00	0.00	0.00	0.00	0.00	92.58	94.66	96.80	99.03	101.25	103.20	108.62	112.85	119.20
E-8	0.00	0.00	0.00	0.00	0.00	77.63	79.87	81.96	84.09	86.32	88.28	90.45	95.77	100.03	106.45
E-7	54.21	58.52	60.67	62.81	64.95	67.02	69.16	71.32	74.54	76.66	78.78	79.81	85.17	89.41	95.77
E-6	46.63	50.83	52.94	55.19	57.27	59.33	61.51	64.67	66.71	68.86	69.90	69.90	69.90	69.90	69.90
E-5	40.92	44.54	46.70	48.74	51.94	54.06	56.19	58.27	59.33	59.33	59.33	59.33	59.33	59.33	59.33
E-4	38.16	40.31	42.68	45.97	47.79	47.79	47.79	47.79	47.79	47.79	47.79	47.79	47.79	47.79	47.79
E-3	35.97	37.93	39.44	41.01	41.01	41.01	41.01	41.01	41.01	41.01	41.01	41.01	41.01	41.01	41.01
E-2	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61	34.61
E-1	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87	30.87
E-1 with less than four months - 28.56															

pupukahi

State of Hawaii Department of Defense
pupukahi: harmoniously united

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Former TAG buried with full military honors

By Deborah M. S. Murray

The State of Hawaii Department of defense said farewell to one of its own in a military funeral service, Jan. 5, at Hawaii State Veterans Cemetery, Kaneohe.

Retired Maj. Gen. Valentine A. Siefermann died Dec. 30, 1997. He was buried with full military honors including a 13-gun volley, performed by the U.S. Army's Bravo Battery, 3rd Battalion, 7th Field Artillery; 21-Gun Salute by the U.S. Air Force's 15th Air Base Wing Honor Guard; and an F-15 flyover by the Hawaii Air National Guard.

Pallbearers for the ceremony were soldiers and airmen of the Hawaii National Guard.

A prayer was given by Ron Faux, pastor of Kailua United Methodist Church.

"Today, we honor and bid farewell to Maj. Gen. Valentine A. Siefermann a visionary leader, a pioneer, and a citizen-airman who lives on in his many accomplishments and contributions to the State of Hawaii, Department of Defense," said Maj. Gen. Edward V. Richardson, the adjutant general.

Siefermann was the state adjutant general and director of State Civil Defense from 1973 to 1981. He served as the commander of the Hawaii Air National Guard from 1953 to 1973, before he was selected adjutant general.

His accomplishments include working closely with the U.S. Air Force to allow the Hawaii Air Guard to assume the air defense alert mission of the Hawaiian



Sgt. 1st Class Stephen M. Lum

HONORING OUR OWN — Mrs. Pauline Siefermann, widow of Maj. Gen. Valentine A. Siefermann, is presented the Hawaiian flag by Maj. Gen. Edward V. Richardson, the adjutant general. Siefermann, 77, who was the adjutant general and director of State Civil Defense from 1973 to 1981, passed away Dec. 30.

Islands in 1956; establishing a mobile communications squadron, which today is the 201st Combat Communications Group; helping to modernize the Post-Vietnam Hawaii Army National Guard aviation program; and, under his direction, Hawaii became the first state to get involved in marijuana eradication efforts in the 1970s.

"Much of what we ... are today can be traced to the hard work and vision of General Siefermann," said Richardson. "He guided our growth, secured the funding to build a number of outstanding facilities, and forged our role in national defense, as well as an in-

creased role in the safety and well-being of our state and communities."

"Forty-two years after his vision became a reality, those of us who worked with him know that without his vision... without his guidance in building facilities... without his direction and unrelenting quest for excellence, this achievement would not have been possible."

His wife, the former Pauline F. Capanas of Kahuku; sons Franklin and Dickerson Smith, James, Robert, and John; daughters, Valarie Way and Gail Lawrence; 16 grand children and 11 great-grand children survive him.

30th anniversary of '68 activation remembered

Lieutenant K's Vietnam heroics recalled

By Sgt. 1st Class Aaron R. Pollick
Historical Section

Lieutenant K. That's what his men called him in Vietnam. They couldn't pronounce his name so they nicknamed him "Lieutenant K."

First Lt. John Kuulei Kauhahao, born and raised on the Kona coast of the Big Island, did what most local boys would do, went to school, made a living, raised a family and like most loved to fish. A devoted husband and father of four, John was a person who learned quickly, was athletic and had a great deal of strength and stamina said his family friends.

Hawaii Army National Guard Officer Candidate School, Class 06-68 classmates thought of him as fair, enthusiastic and cooperative. He was a man who was always willing to help someone else. Kauhahao, a member of the Hawaii Guard's Company C, 2nd Battalion, 299th Infantry out of Honokaa, was commissioned just two months after the call-up on May 13, 1968. Just a little over a year later, John was reassigned with Company B, 2nd Battalion, 8th Cavalry, of the 1st Cavalry Division.

"The Mission"

Lieutenant K's story of heroism began Sept. 5, 1969. Kauhahao was briefed by his OCS classmate 2nd Lt.



Kauhahao

Zenon K. Wong prior to his assignment patrol near Tay Ninh, South Vietnam.

He was advised that there were unknown numbers of enemy bunkers hidden in his sector

of patrol. His mission: to seek and destroy the bunkers. He was willing and ready.

Kauhahao preferred hand grenades to rifle fighting and favored fragmentation grenades. At least 30 were fixed on and over his gear and clothing, so many that it looked like armor.

Lieutenant K's search for the enemy bunkers was relatively short. He and 25 men from his platoon found a strand of blue communication wire in the scrub brush. They carefully traced the wire to its source. Then the battle began.

Fire erupted savagely from a bunker complex on the platoon's flank. It was instantly clear that the GIs were

out numbered and they could only drop for cover. Kauhahao's cover was a mound of dirt. He knew his platoon was caught in a crossfire put down by a large North Vietnam force in thick jungle terrain. Recognizing his unit's precarious position, he hacked an opening through the bamboo growing over the dirt mound and began a one-man war. In the next 15 minutes he threw 30 hand grenades. When his own supply dwindled, his men tossed theirs up to him. The lieutenant kept grabbing and tossing. Minute after minute until the battleground was littered with enemy dead, he drew fire upon himself again and again so that his men could sight the enemy gunners and bring them under suppressive fire. Kauhahao then directed the withdrawal of his men and crawled more than 100 meters over

fire-swept terrain to drag vital equipment to the rear and help wounded soldiers to a position of safety.

Later, as he and his men moved to rejoin the company's main force, Kauhahao sighted an enemy squad moving toward his platoon. He advanced toward them, opened fire, and was mortally wounded by their fire. It was said that after the battle a newspaperman heard of John K. Kauhahao and wanted to do a story on him. The men eyed the newspaperman curiously. "Oh, you mean Lieutenant K. Listen man, you know, he saved our lives out there. Just say he was the greatest; that's all, the greatest."

Recognition

For his extraordinary heroism, Kauhahao was posthumously awarded the Distinguished Service Cross, the highest award for valor to be given to anyone called up with the 29th Infantry Brigade.

Mrs. Shirley Kauhahao and her four children also received a Bronze Star medal with one Oak Leaf Cluster for heroism, earned by her husband in an earlier engagement, as well as the Air Medal, Purple Heart and seven other awards.

Editor's notes: Story based on materials gathered from the Honolulu Star-Bulletin, Hawaii Army National Guard records and the Hawaii Guardsman (Guard's historical publication from 1950 to 1973, prior to the pupukahi).

"Build me a son, O Lord, who will be strong enough to know when he is weak, and brave enough to face himself when he is afraid, one who will be proud and unbending in honest defeat, and humble and gentle in victory."

— General Douglas MacArthur

In memory of Sgt. Maj. Harry T. Nishida

Sgt. Maj. Harry T. Nishida, 44, a full-time intelligence sergeant and security specialist with the Hawaii Army National Guard's plans, operations and military support section, passed away, March 22. Services, with full military honors, were held at Mililani Memorial Cemetery Chapel, March 30.

Nishida, graduated from Waipahu High School in 1971 and joined the Hawaii Guard's 487th Field Artillery in 1972. His mili-

tary career included tours with the Hawaii Military Academy and the Hawaii Army Guard aviation units. His full-time Guard career began as a supply sergeant for Troop E, 19th Cavalry and later as chief intelligence sergeant with the 1st Battalion, 193rd Aviation (Attack Helicopter). He joined the Army Guard headquarters in 1990.

Harry lived by two primary noncommissioned officer rules:

- 1- Lead by example
- 2- Never forget rule number one.

Nishida's leadership, enthusiasm, and hard work contributed significantly to the protection of our equipment, our readiness and our ability to provide emergency support to the state during disasters.

Ever the professional, Harry often quoted the NCO guide, noting "The good officer knows that a good NCO can get the job done. The good NCO knows that the good officer will let him do it."

"Harry was a good NCO," said

Col. Vern. T. Miyagi, his friend and co-worker.

His military awards include the Legion of Merit (posthumously awarded), Meritorious Service Medal, Army Commendation Medal, and Army Achievement Medal (3rd Oak Leaf Cluster).

The Hawaii National Guard family is deeply saddened by Sgt. Maj. Nishida's passing and our sympathy goes out to this parents Harry N. and Ella, brother Sheldon, sisters Wanda and Robin, and niece Ashley-Ann.



Hawaii soldiers perform well at Joint Readiness Training

Story and photo by Sgt.

1st Class Stephen M. Lum

One hundred, Maui-based, Hawaii Army National Guard soldiers returned triumphantly from annual training at Joint Readiness Training Center in March.

Soldiers from Company C, 2nd Battalion, 299th Infantry, augmented with a platoon from Kona's Company B, assumed the role of opposing forces (OPFOR) versus the active duty 1st Battalion, 504th Infantry (Airborne), 82nd Airborne Division, Fort Bragg, N.C., blue force (Americans).

After a few days of land navigation familiarization, zeroing in weapons, fine tuning of equipment and other logistics, the Hawaii Guard OPFOR, commanded by Capt Paul Tamarabuchi, set off for five days in the JRTC "box" (exercise field).

The JRTC mission is: *to provide realistic joint and combined arms training focused on developing soldiers, leaders and units of our nation's joint contingency*



WARRIORS WELCOME HOME — Soldiers from Maui and Kona are greeted by a contingent of Hawaii National Guard personnel lead by Maj. Gen. Edward V. Richardson, the adjutant general. Company C, 2nd Battalion, 299th Infantry and a Company B platoon returned home victoriously from Joint Readiness Training Center, Fort Polk, La., in March.

forces for success on future battlefields; train under tough, realistic combat-like conditions across a wide range of likely tactical operations; and missions rehearsal exercises capable of fully integrating into higher level exercises and scenarios.

"We were out numbered three to one," said Staff Sgt.

Virgilio B. Marzon Jr., a squad leader who works full-time as a retail shop manager. "Our leadership stressed working independently and by teams.

"We're often on our own and we depended on our survival skills to maintain an offensive edge. Soldiers average 50 pounds of gear on their back, including

food, shelter and ammunition during the operation in which temperatures sometimes dropped to as low as 20 degrees Fahrenheit.

"With the cold temperature we could have been the blue force, but the 504th Red Devils had that honor," said Marzon.

"In the next four days," said

Tamarabuchi, "they lost five companies, numerous vehicles (including the feared German Weasel), a battalion commander, an operations and plans officer, a fire support officer, company commanders and first sergeants. We rendered the Fort Bragg unit combat ineffective at least twice during the last 10 hour battle."

The returning Hawaiian warriors were greeted at the Honolulu Airport by Maj. Gen. Edward V. Richardson, the adjutant general; Brig. Gen. Edward L. Correa Jr., Hawaii Army Guard commander; Brig Gen. Dennis A. Kamimura, 29th Infantry Brigade (Separate) commander; State Command Sgt. Maj. James A. Kahalehoe Jr.; Command Sgt. Maj. Arthur Mandaquit from the 2nd Battalion, 299th Infantry; and the family support coordinator, who echoed messages of congratulations to the 299th Infantry soldiers for showing what Hawaii's brigade can accomplish.

Kamimura and Mandaquit, former 82nd Airborne soldiers, were especially proud the Hawaii warriors bested their old unit.

Warfighter exercise test rear operations cell's effectiveness

By Capt. Steve C. Lai

Bridging the gap between active Army are 16 Hawaii Army National Guard (HIARNG) soldiers of the 25th Infantry Division (Light) Division - Rear Operations Cell (D-ROC). The detachment was at Wheeler Army Airfield in December for the division's annual Warfighter exercise - the culmination of several events throughout the year leading up to this final evaluation.

"We're a small unit with a big mission," said Capt. Ronald Heim, base defense liaison team leader. "The Hawaii contingent provides an important commodity to the package - continuity and consistency - in a unit comprised of both active Army and Guard soldiers. We offer more stability to a unit who's personnel change from year to year. Our unit mission is to manage the security, command and control, and base defense of the area behind the line of attack. Main supply routes, communications, operations, field artillery and engineering are responsibilities equally shared by the Hawaii Guard and 25th Infantry soldiers. We are basically the brains."

This Army Guard/Active Component nexus was born, Dec 5, 1992, as a direct result of lessons learned in the Gulf War. During Operation DESERT STORM, the de-

cline of force structure and reduction of troops at all levels, showed the Army that a continuity force at the D-ROC, Corps, Army, and Theater levels was

needed to maintain the required level of readiness. Hawaii's detachment is one of eight Reserve Component units in the country (six National Guard, two Reserve) chosen by the U.S. Army to provide continuity for division rear operations by retaining personnel who do not routinely rotate in and out of assignments.

"We rarely work with the same people twice," said Master Sgt. Timothy Galbiso, rear operations noncommissioned officer in charge. "The detachment ensures that the tactical operations center (TOC) operations stay the same." Galbiso follows up on significant events and assist the battle captain by taking input from various stations in the TOC and report battle damage assessments to the commander.

Eight of the Army's 18 Infantry Divisions including Hawaii's 25th Infantry Division (Light), 10th Mountain Division and 82nd Airborne Divisions are augmented with Reserve Component DROC Detachments. The Hawaii Guard was chosen as the coordinating unit between the 25th and the Corps

"Our unit mission is to manage the security, command and control, and base defense of the area behind the line of attack."

— Capt. Ronald Heim

rear element due to its strategic geographic location in the Pacific.

"Our role is to establish and maintain inter-operability with the division," said Sgt. 1st Class Richard T. Tanaka, detachment readiness NCO. "The importance of the 25th ID (L) Detachment has the highest force activity designator (FAD) priority in the HIARNG."

The level of expertise and experience of each member of the detachment on up is high and must be called on to put in his share of the work including briefing the commanding general when called upon. The detachments small number of soldiers alone requires everyone to do their part.

"We've got specialists and sergeants briefing the general," said Maj. Bruce Oliveira, detachment commander. "NCOs do briefings, officers set up tents. Out here everybody works," said Oliveira of Manoa. Oliveira, a counselor at Kawanakoa Intermediate School, has been an educator for 15 years.

After Brig. Gen. James

Campbell, assistant division commander for support, received the latest battlefield information, he paused to praise the esprit de corps between his active duty soldiers and the Hawaii

Guard. "They were there right from the start, planning and performing their roles very well. I look to them for their expertise and continuity. We're all in this together."

Getting a taste of training with the active component means Guard soldiers must put in the time and energy required to stay with the level of proficiency of their counterparts. During exercises, both Hawaii Guard and division soldiers work in 24-hour shifts. Commitment and time availability is a prerequisite for membership in this Detachment. Warfighter '97 is the detachment's third annual training since September.

Communication key to success

If there is one area that is critical to the function of the D-ROC it is communications. Here, the Hawaii detachment provides expertise where it is most critical - the people and equipment needed for uninterrupted communication between all units supporting rear operations and those supporting the front lines. "Being in this unit is more strenuous than being in an ordinary



Sgt. Thomas E. Sites

ONE TEAM, ONE STANDARD — Brig. Gen. James Campbell, assistant 25th ID commander for support, reviews the operation status map with Maj. Bruce Oliveira, Rear Operations Cell detachment commander.

unit," said Sgt. Alfred T. Scott, communications section leader.

Being the leader in your field also means being in the spotlight. "The test is how we handle under pressure," he said. "The demand to stay current and proficient is always there because we are always in the view of the active-duty Army soldiers," said Scott of Manoa and University of Hawaii

graduate student of urban regional planning. When asked what motivates him to stay in such a demanding environment, Scott said "It's the people that makes it worthwhile."

For Scott and the other soldiers of the 25th Infantry Division Detachment the mystery of the active component isn't how they get the job done, its how they do it so well together.

Air refuelers support Balkans peace mission again



Sgt. 1st Class Stephen M. Lum

ON COURSE -- Lt. Col. Edwin A. Vincent, commander of the 203rd Air Refueling Squadron, adjust course during a refueling mission. Vincent, also a navigator on the Hawaii Air National Guard KC-135R Strato-tanker, again deployed with his air and support crews to assist in the Bosnian peacekeeping mission.

By Capt. Charles J. Anthony and Sgt. 1st Class Stephen M. Lum

The Hawaii Air National Guard's 203rd Air Refueling Squadron spent five weeks in Europe to supporting the ongoing no-fly zone mission over Bosnia-Herzegovina. Three KC-135R Strato-tankers, along with 44 members of the 203rd aircrew and 154th Maintenance Squadron support personnel participated in Operation DELIBERATE GUARD, Feb. 3 to March 9.

The 154th Wing units flew air to air refueling operations as part of a NATO force tasked to enforce the no-fly zone over Bosnia-Herzegovina out of Istres, France and Aviano, Italy. The Hawaii refueling unit was partnered with the New York Air National Guard's 107th Air Refueling Wing.

The Hawaii Air Guard flew over 20 combat sorties. "Our people did an outstanding job! They deployed halfway around the world, conducted complex flight operations in a very dynamic environment and met success on every mission," said Lt. Col. Edwin "Skip" Vincent, 203rd commander.

The 203rd spent more than a month in the fall of 1995 flying similar missions refueling U.S. and NATO aircraft from Pisa Air Base, Italy for Operation DENY FLIGHT.

In a related deployment, Sgt. Curtis H. Matsushige returned in March after serving eight months in Germany providing backfill missions for active duty public affairs offices of the 1st Infantry and 1st Armored Divisions as they took turns deploying down range in Bosnia-Herzegovina.

Maui Superkids get help from Hawaii Army, Air Guard troops

By Spc. Jonathan M. Shiroma

A gentle morning rain fell upon the parched grounds of Maui War Memorial Park, Feb. 21, almost as if Mother Nature was preparing the dusty landscape for some major activity to take place. The timing couldn't have been any better since the annual Maui Superkids competition was about to begin.

As a benefit for the American Lung Association, Superkids involves island keiki competing in various events, like the obstacle course and potato sack race. Each year, the association also calls upon community groups, including the

Hawaii National Guard for help.

"This is a great way for us to give back to the community," said Master Sgt. Jun Arconado, a full-time Hawaii Air National Guard employee with the 292nd Combat Communications Squadron.

"We have about 30 airmen helping with the races, coordination and setup.

Up until last year, the Hawaii Army National Guard provided most of the support for this annual event. Now, Air National Guard counterparts have taken on the responsibility.

Maui-based, Hawaii Army Guard unit Company C, 2nd Battalion, 299th Infantry, was preparing for deploying to the Joint

Readiness Training Center, Fort Polk, La., in March and again next year.

"Since a lot of us have kids, it becomes very personal," said Arconado, "we want to provide support to a worthwhile event and at the same time, watch our little ones compete and have fun."

Although the airmen are now in charge of Superkids, there was a presence of army guard personnel.

The Honolulu-based, 111th Army Band dazzled spectators and competitors alike as they opened the festivities with a march around the field with participants. The band also kept everyone entertained by providing the fanfare throughout the event.



Tech. Sgt. Mark Uenten

Oh, what a relief!

A Hawaii Air National Guard C-130 Hercules aircrew from the 204th Airlift Squadron offloads relief supplies and equipment at Andersen Air Force Base, Guam in December. Hawaii Air Guard personnel assisted with relief and recovery operations on Guam in the wake of Typhoon Paka. HIANG aircraft transported a total of 57 personnel and more than 62,000 pounds of relief supplies to the storm ravaged territory.

Great Aloha Run volunteers assist in fundraiser

Hawaii Guard's teamworking shines

By 2nd Lt. Jeffrey D. Hickman

The Great Aloha Run is an event that lives up to its name.

More than 23,000 runners accepted the challenge and finished the annual event, Feb. 16. The event was not limited to those ran or walked the 8.5 mile course. The setup crews and aid station volunteers were also up before the sun.

Hawaii National Guard members, family and friends were participants and volunteers at the Great Aloha Run.

The run began with a howitzer bang from the Army Guard's Battery B, 1st Battalion, 487th Field Artillery.

Volunteers provide band aids, water, food

Three Army National Guard ambulance teams at the different aid stations provided medical support

for the participants and volunteers of the Great Aloha Run. Spc. Mi Soon Han of Honolulu, from the ambulance platoon of Company C, 29th Support Battalion, was at the last aid station near the before the Aloha Stadium entrance. "We



Sgt. 1st Class Wayne T. Iha

LIQUID REFRESHMENT -- Hawaii Air National Guard volunteers pass out water along the running route.

were here at 4 a.m. ready to go," said Han. Although they had no serious casualties to treat, their presence was one of security appreciated by the runners as they ran by. The NCOIC medic at the five mile point aid station Spc. Ronwaldo T. Martin, a nursing student, is a four year volunteer. "It's a good way to give back and to support the community," said Martin. "It also gives new medics a chance to practice their skills."

The Air National Guard literally lent

their helping hands to the cause as well. They provided over 100 aid station volunteers. Members from Army Guard's Headquarters State Area Command and Air Guard's 154th Wing passed out water cups, raked the course and verbally motivated the runners as they passed by.

Guard family puts best foot forward

Some Hawaii National Guard members ran on their own but there was a formation of seventeen runners that finished the course in one hour and 28 minutes. The formation, led by Brig. Gen. Dwight M. Kealoha, Hawaii Air National Guard commander, won the first place trophy in the Sounds

of Freedom category for units with up to 25 members. The consolidated Guard unit was judged by seven criteria, including formation, esprit de corps, jodies (cadence songs) and uniform. They were also the second unit to cross the finish line.

Also completing the run were the 1st Battalion, 487th Field Artillery platoon; Officer Candidate Class 36-98; and Hawaii National Guard Youth Challenge Program corpsmembers.

Hawaii Guard runners were welcome to the Guard's hospitality tent with family support program members and other volunteers serving cold beverages and hot stew.

"The best part was getting the Air and Army Guards together and doing something fun, said Maj. Michael Compton, combined unit run member. "We were singing jodies, building camaraderie and being a part of the National Guard."



Sgt. 1st Class Wayne T. Iha

KA-BOOM!! -- Battery C, 1st Battalion, 487th Field Artillery's howitzer fire the starting gun for the 1998 Great Aloha Run, Feb. 16. The Hawaii Army National Guard guns were stationed at the docks near the Aloha Tower.

Hawaii Army National Guard



Brig. Gen. Edward L. Correa Jr. Commander, HIARNG

Kudos to Hawaii soldiers

From Hawaii to Louisiana our soldiers are proving their mettle.

Hawaii Army National Guard's enlisted soldiers of the year are the artillery's Sgt. Iven T. Sugai and the medical company's Spc. Mi Soon Han. Both are nominated for the U.S. Pacific Command Reserve soldiers of the year. They will compete against Army National Guard and U.S. Army Reserve soldiers from Alaska, Guam and Hawaii.

We're very proud of the opposing force soldiers from Company C, 2nd Battalion, 299th Infantry, who overcame a battalion of active duty airborne infantry troops at Fort Polk's Joint Readiness Training Center. (see page 3 story on JRTC).

Artillery sergeant pursues leadership position

Sugai, noncommissioned officer of the year, is a forward observer and fire support specialist with the Headquarters and Headquarters Service Battery, 1st Battalion, 487th Field Artillery.

The 21-year-old Sugai was born in Hawaii and graduated from James Campbell High School in 1994. The avid stock market investor was president of Distributive Educational Clubs of America and a member of Future Business Leaders of



Sugai

America while at Campbell.

Since enlisting in Hawaii Guard in 1993 as a high school senior, Sugai has attended basic training, advance individual training, air assault school and airborne course, and primary leadership development course. He was the distinguished honor graduate during basic and received a leadership award during PLDC.

Sugai is using the tuition assistance in the pursuit of a business of administration in marketing degree at Honolulu Community College. He is also a member of University of Hawaii's Reserve Officer Training Corps program and assists with the Junior ROTC at Campbell. After receiving his degree and commission he hopes to serve an active duty tour before returning home to the Hawaii Guard and a career in business.

Medical specialist parallels last years winner

Han, Company C (Medical), 29th Support Battalion was selected as the soldier of the year.

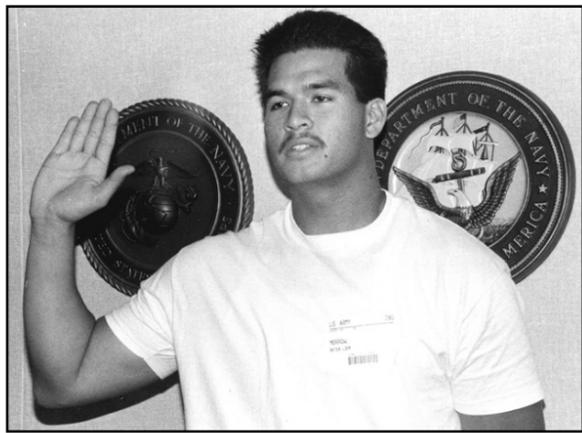
Korea-born Han moved to Hawaii in 1984. The 1996 Kaimuki High School valedictorian enlisted in the U.S. Army Reserve (August 1995) while in high school. She transferred to the Hawaii Guard's medical unit in October 1995 to pursue a career as a medical specialist. Han was the distinguished honor graduate during her advanced individual training. The certified emergency medical technician is attending the University of Hawaii, using the Hawaii Guard's tuition assistance program, with the goal of becoming a pediatrician.

Her career track has paralleled last year's soldier of the year, Spc. Le Kim Lee. Lee, the 1995 Kaimuki High School valedictorian who is also in the Company C (Medical) and interested in pursuing a medical degree.



Han

\$4,000 MAN — Peter L. Morrow, 1996 Kalaheo High School graduate, enlists in the Hawaii Army National Guard, March 11. The new Headquarters & Headquarters Service Battery, 1st Battalion, 487th Field Artillery soldier is the first of the \$4,000 bonus enlistees for fire direction or fire support specialist positions.



Hawaii Air National Guard



Brig. Gen. Dwight M. Kealoha Commander, HIANG

New directions

Maj. Gen. Donald W. Shepherd retired in January and Maj. Gen. Paul A. Weaver Jr. is the new director of the Air National Guard. Brig.

Gen. Craig McKinley is the new deputy director.

At Hawaii Air National Guard headquarters, Col. Geoffrey S. Avery has moved to the chief of staff and Lt. Col. Edwin R. Miyahira has relinquished command of the 204th Air Lift Squadron to take up the position of HIANG/director of operations.

Special thanks to Maj. Timothy H. Fujino for serving at HQ HIANG in an operations slot. Tim did a great job as part of the staff serving the 154th Wing, 201st Combat Communications Group and 199th Weather Flight.

Congratulations

Outstanding Hawaii Air National Guard personnel and units were recognized at the annual award banquet held at the Hale Koa Hotel, Feb. 21.

Senior Airman Audra M. Sellers from the 292nd Combat Communications Squadron was airman of the year; Tech. Sgt. Robert J. Joy Jr. from the 154th Logistic Support Flight was the noncommissioned officer of the year; Senior Master Sgt. Gayle Y.H. Tom from the 169th Aircraft Control & Warning Squadron was the senior noncommissioned officer of the year; Capt. Tracey J. Saiki from the Headquarters section of the 154th Wing was the company grade officer of the year; sharing field grade officers of the year honors were Maj. Craig N. Ishizaki of the 297th



Ishizaki



Petti

Air Traffic Control Squadron and Maj. William S. Petti of the 154th Logistic Support Flight; 204th Air Squadron was the unit of the year; 154th Wing/Comptroller Office was the service unit of the year; Force Management Information Accessibility Team was the winning team awardee.

Job well done

Often we get letters congratulating us for the performance of our aircrews. Usually we send these letters to the unit and individuals. This time I'd like to share one letter we received. It reminds me that we in the HIANG are a team and that those behind the scenes ought to be recognized and be able to share in the kudos passed to those who were the direct participants in the action. In reality, it takes a team effort to enable our aircrews to perform. From the support services such as the medics who keep our them in great shape, to our logisticians who fuel, fix, and ready the aircraft for flight, to our ops units who manage the aircrew's training and currency, they all contribute to the aircrew's ability to execute the mission. This letter is from Brig. Gen. Duca J. McNabb, the Tanker Airlift Control Center commander at Scott Air Force Base, Ill.:

"As you know, our daily missions can sometimes push crew members to their maximum capabilities, requiring that they dig down deep and give above and beyond what's required. This happened on Dec. 20, 1997.

When the crew of a C-5 supporting Typhoon Paka relief found themselves in the middle of the Pacific Ocean without enough fuel to reach their destination or turn around, the crew of Petro 01 came to the rescue. Responding to their Mayday calls, Capt. Michael J. Akiona, Capt. Peter Fata, Lt. Col. Stanley J. Osserman, Senior Master Sgt. Stephen V. Cid, and Staff Sgt. Eric K. Faurot of the 203rd Air Refueling Squadron quickly assessed the situation, orchestrated a rendezvous, and accomplished an emergency air refueling which saved both aircraft and crew. Their efforts speak volumes about the quality of leadership, training, and support emanating from the 14th Air Wing. You should be extremely proud.

Please pass on our highest praise and admiration for a job well done!"

To the crew of PETRO 01 and the men and women who make it possible for our crews to accomplish their mission — MAHALO and WELL DONE!



Joy



Tom



Saiki

INOUYE ---- Continued from page 1

more than five decades. On Dec. 7, 1941, 17-year-old Dan Inouye was one the first Americans to handle casualties during World War II. Trained in first aid as a Honolulu high school student, he led a medical team evacuating civilians injured during the Japanese attack on Pearl Harbor.

In 1943, he dropped out

of college to enlist in the 442nd Regimental Combat Team (RCT), an all Japanese-American unit that was the most decorated RCT in World War II. Fighting with the 442nd in the rugged mountains of northern Italy and southern France, Sen. Inouye earned the Distinguished Service Cross, Bronze Star, Purple Heart with

cluster and 12 other medals and citations.

During a battle near the end of the war, he braved withering enemy fire to single-handedly charge and destroy a German machine-gun nest. His heroics cost him his right arm but saved his platoon.

Following the war, Sen. Inouye earned a law degree and served in Hawaii's

then-territorial legislature. After statehood in 1959, he became Hawaii's first congressman. He was elected to the U.S. Senate in 1962. Today, he is the ranking Democrat on the Senate Appropriations Subcommittee on Defense.

During his time on Capitol Hill, Sen. Inouye has become an increas-

ingly prominent figure in U.S. defense policy. A staunch advocate of the militia-nation concept, he has helped win millions in funds critical to National Guard modernization and readiness but left out of Pentagon budget requests. Also a champion of Guard quality-of-life issues, he was a key supporter of the new dental plan for mem-

bers of the Guard and Reserve.

The AGAUS established the George Washington Freedom Award in 1983. Recipients must be advocates for a strong defense and possess the exceptional leadership qualities and devotion to duty demonstrated by our first president and citizen-soldier, George Washington.

Sports

Pistol match won by Air Guards 293rd Gunslingers

By Tech Sgt. Baldwin Ojerio
Match Director

The Commander's Excellence in Competition Combat Pistol match has come and gone. Emerging from the spirit of competition are the *Gunslingers* from the Hawaii Air National Guard's 293rd Combat Communications Squadron. Thirty teams were fielded at the 1998 pistol match held at the Koko Head Police Pistol range in January.

The 293rd *Gunslingers* set a new team high score record of 450. The all four team members earned individual trophies. Tech. Sgt. Warren Izumigawa - second place/new shooter, Staff Sgt. Stuart Leong - first place/new shooter, Senior Airman Derek Tang - first place/old shooter and Tech. Sgt. Shelton Yamashiro - third place/old shooter.

Last years champion, the 203rd Air Refueling Squadron, did their best to retain the trophy, but came in second. The refuelers shot a 390 team score and receiving two individual awards, Lt. Col. Stanley Osserman taking third place novice shooter and Capt. Keith Lu receiving his second first place novice shooter.

Right behind the 203ARS was the *Defenders* of the 154 Security Forces Squadron with a score of 371. Team member Senior Airman Gabriel Sanchez received second place novice shooter award.

In the falling plates match, the 203ARS beat out the top eight qualifying teams of the winner takes all commander's match. It was ironic that the trophy for the Fallen Plates match, (designed by Staff Sgt. Bob Jaeger, 154th Security Forces Squadron) donated by Osserman, was won by the

203ARS captained by Osserman. The Falling Plates shoot off turned into an Army Guard/Air Guard match with the Refuelers taking on the Hilo's 2nd Battalion team.

There were two courses of fire for the combat pistol match which uses the standard military issue M9 pistol. The commander's match consisted of multiple target engagements in which each shooter had to engage four targets with various head and body shots within a timed period. The timed periods varied from a relaxed six shots in five minutes, to a rock and roll pace of six shots in four seconds. In the falling plates match, teams had to run 40 yards to the 20-yard firing line, pick up their pistols and magazines, load and fire. First team to break all or most of their 10 four inch disk was declared the winner.

Overall the scores were 10-15 points higher than last year. Congratulations to all the competitors.

A special thanks to our Hawaii National Guard Enlisted Association (HNGEA) and Col. Walter Kaneakua

whose monetary donations help defray the cost of the trophies and supplies, and to the competitors who helped during and after the match.

Individual Results

Old Shooter Class

1st- Senior Airman Derek Tang, *Gunslingers*; 2nd- 1st Sgt. Aureho Mina, HHC 2-299th; 3rd- Tech. Sgt. Shelton Yamashiro, *Gunslingers*

Novice Shooter Class

1st- Capt. Keith Lu, 203ARS; 2nd- Senior Airman Gabriel Sanchez, *Defenders*; 3rd- Lt. Col. Stanley Osserman, 203ARS

New Shooter Class

1st- Staff Sgt. Stuart Leong, *Gunslingers*; 2nd- Tech. Sgt. Warren Izumigawa, *Gunslingers*; 3rd- Staff Sgt. Simon Torres Jr., 291 CBCS



Staff Sgt. Bill Kissenberger

GUNSLINGERS WIN SHOOT-OUT - Senior Airman Derek Tang and Tech. Sgt. Shelton Yamashiro accept the Commander's Excellence in Competition combat pistol match trophy from Col. Walter Kaneakua, 154th Wing vice-commander. The airmen, along with Staff Sgt. Stuart Leong and Tech. Sgt. Warren Izumigawa, represented the Hickam Air Force Base stationed 293rd Combat Communications Squadron, at the match held in January at the Koko Head Police Pistol Range.

Team Results

1- *Gunslingers*: 293rd Cmbt Comm Sq, Hickam AFB
2- 203ARS: 203rd Air Refueling Sq, Hickam AFB
3- *Defenders*: 154th Security Forces Sq, Hickam AFB
4- 292 CBCS I: 292nd Cmbt Commq, Maui
5- Delta "A": Co D, 2-299th Inf, Wahiawa
6- 154 CES II: 154th Civil Engr Sq, Hickam AFB
7- 291 CBCS: 291st Cmbt Comm Sq, Hilo
8- 292 CBCS II: 292nd Cmbt Comm Sq, Maui
9- *Desperados*: 293rd Cmbt Comm Sq, Hickam AFB
10- *Earth Pigs*: GGS, 299th MI Co, Honolulu
11- HHC 2-299: HHC 2-299th Inf, Hilo

12-298 RTI: 298th Reg Trng Institute, 1st Bn, Waimanalo
13-OCS 36-98: HQ 298th Rgmt, Reg Trng Institute, Waimanalo
14-Make-A-Team: 154th Aircraft Gen Sq/F-15, Hickam AFB
15-135 Docks II: 154th Aircraft Gen Sq/KC-135, Hickam AFB
16-Young Guns: 154th Aircraft Gen Sq/KC-135, Hickam AFB
17- *Oops!*s: 154th Maint Sq/KC-135 Avionics, Hickam AFB
18- *Mori's Muggers*: 154th Log Sq, Quality Assurance, Hickam AFB
19- 135 Docks Is: 154th Aircraft Gen Sq/KC-135, Hickam AFB
20- Avionics Back Shops: 154th Maint Sq/F-15 Avionics, Hickam AFB
21-11 or *Bettors*: 154th Logis-

tics Sq/Quality Assurance, Hickam AFB
22- 154 CES I: 154th Civil Engr Sq, Hickam AFB
23- *Survival Shop I*: 154th Maint Sq/PE, Hickam AFB
24- *Wannabeess*: HQ 201st Cmbt Comm Gp, Hickam AFB
25- *Chop Sueys*: 154th Maint Sq, Hickam AFB
26- *Survival Shop II*: 154th Maint Sq, PE, Hickam AFB
27- 154 CES III: 154th Civil Engr Sq, Hickam AFB
28- *Tanker Team I*: 154th Aircraft Gen Sq/KC-135, Hickam AFB (DNF)
29- 29th MP I: HHC 29th Military Police, Honolulu (DNF)
30- 29th MP II: HHC 29th Military Police, Honolulu (DNF)



Safety talk

Capt. Arnold Iaea
Safety Officer, Hawaii Army National Guard

Slipping and Tripping Hazards

Floor Alert!

Falls are the leading cause of preventable death in the home. The elderly are most at risk, but babies and preschoolers are close behind them in death and injury statistics. Those who suffer falls may find their mobility - and independence - seriously restricted for the rest of their lives. Precipitous stairways, slippery bathrooms and snakelike extension cords are the main culprits. Here are some preventive measures you can take in each area of your house to eliminate risks from falls.

Living Rooms

- Whether you use runners over the carpet or have area rugs, tape or tack any curled sides or ends of floor coverings. Heavy-duty double-sided carpet tape is available at most hardware stores for this purpose. This will also keep such rugs from slipping.

- Clear up clutter on the floor and keep furniture away from doorways. In fact, arrange furniture so that walkways are as wide as possible.

- Secure loose wire and cords, preferably around the edge of the room. Don't allow cords to run through heavy foot traffic areas or under rugs or the legs of furniture.

Bedrooms

- Even if you're a "morning person," avoid jumping out of bed as soon as you wake up. Take a moment to get your bearings first by sitting on the side of the bed.
- Children and older people will be safe from falling out of bed if their beds have guard rails.

Kitchens

- If you don't have a heavy-duty one-step stool, invest in one. Never stand on a chair for hard-to-reach items.
- Block off a freshly washed or waxed floor until it's dry.

- Mop up spills, leaks and tracked-in water immediately.

- Keep drawers and cupboard doors closed.

- When installing new flooring, avoid glazed tiles. Ask about slip resistant and nonabsorbent flooring.

Bathrooms

Despite its size, the bathroom is the most dangerous room in the house, especially for the elderly.

- If the floor of the bathroom is not carpeted, use nonskid bath rugs. They usually have a rubber backing.

- After bathing, dry off in the tub or shower so that you don't drip water on the bathroom floor. Likewise, drip-dry clothes over the tub. Wipe up puddles or condensation on the bathroom floor immediately. Call a plumber as soon as you notice a leak, unless you know how to repair it yourself.
- Use a suction-type rubber mat

on the floor of the tub or shower. Otherwise, cover the floor of the tub or shower with individual adhesive appliques.

- Have grab bars installed around the walls of the tub. If you install them yourself, be sure to use long screws and anchor them into the walls studs, not just the tile or plaster.
- Get a stool for the shower if you have difficulty standing.

Stairways

- Make sure all stairways have at least one handrail, preferably two, along their entire length - and use them.

- Make sure you can see exactly where your feet are landing on each step. Otherwise, if a slipping or tripping hazard is left on the stairs, you might step on it.
- Keep ample lighting along the length of the stairs, and make sure light switches are located at both the top and bottom of each stairway. In fact, sufficient lighting throughout the house is cru-

cial. Install at least one light-sensitive or dusk-to-dawn night light in every room.

- Avoid putting throw rugs near stairs.

- Have torn or ripped stairway carpeting repaired or replaced and make sure carpets are securely fastened along their entire length.

- If you have (or host) young children, install U.S. Consumer Product Safety Commission-approved child safety gates at the top and bottom of stairs.

A Word About Shoes

In general, avoid wearing high heels around the house, and at the other extreme, avoid wearing slippers that fall off. Walking around in stocking feet is risky too. Opt for corrugated-sole shoes, sneakers, deck shoes or just about any type of shoe with a good tread on the bottom. Inexpensive sure-grip pads can also be added to the soles of most shoes at a shoe store.

Awards and Recognition

Members and units of the Hawaii Army and Air National Guard were recently presented with awards in recognition of their outstanding performance.

Hawaii Army National Guard Noncommissioned Officer of the Year

Sgt. Ivan T. Sugai, HQ & HQ Service Battery, 1st Battalion, 487th Field Artillery

Hawaii Army National Guard Soldier of the Year

SpC. Mi Soon Han, Company C (Medical), 29th Support Battalion

Legion of Merit

Sgt. Maj. Harry T. Ishida, HQ State Area Command (posthumously awarded)

Meritorious Service Medal

Lt. Col. Stanley R. Keolanui, Jr, HQ & HQ Service Battery, 487th Field Artillery (1st Oak Leaf Cluster)

Sgt. 1st Class Harold W. Doe, HQ & HQ Company, 29th Infantry Brigade (Separate)

Master Sgt. Miles K. Moriyama, 154th Aircraft Generation Squadron

Master Sgt. Napua N. Sugai, 150th Aircraft Control & Warning Flight

Staff Sgt. Gary G. Bernhardt, 227th Engineer Company

Staff Sgt. Manuel E. Viduya, HQ & HQ Service Battery, 1st Battalion, 487th Field Artillery

Army Commendation Medal

Maj. Herman D. Ancheta, HQ

State Area Command
Capt. Rudolph Ligsay, 2nd Battalion, 299th Infantry

Capt. Ernesto Ribican, HQ & HQ Company, 29th Support Battalion (3rd Oak Leaf Cluster)

1st Lt. Christopher D. Carpita, HQ & HQ Det., 29th Infantry Brigade (Separate)

1st Lt. William H. Crozier, HQ & HQ Service Battery, 1st Battalion, 487th Field Artillery

1st Lt. Mark B. Yooung, Company C, 29th Support Battalion (2nd Oak Leaf Cluster)

Chief Warrant Officer Douglas T. Hanashiro, HQ State Area Command

Chief Warrant Officer James Kinoshita, HQ & HQ Company, 29th Support Battalion (3rd Oak Leaf Cluster)

Master Sgt. Alvin P.H.H. Wong, HQ State Area Command

Sgt. 1st Class Stuart B. Ho, 103rd Troop Command

Sgt. 1st Class Wade N. Reeves, HQ State Area Command

Staff Sgt. Bernardo C. Garcia, Company B, 2nd Battalion, 299th Infantry (2nd Oak Leaf Cluster)

Staff Sgt. Lydia L. Ho, HQ State Area Command

Staff Sgt. Homelani R. Kozeniewski, 103rd Troop Command

Staff Sgt. Charlie Marshall, HQ State Area Command

Staff Sgt. Owen Pabilla, HQ & HQ Company, 2nd Battalion,

299th Infantry
Staff Sgt. Brian T. Sakai, HQ & HQ Company, 29th Support Battalion (1st Oak Leaf Cluster)

Sgt. Partick Aquino, Company C, 29th Support Battalion (1st Oak Leaf Cluster)

Sgt. Mae Lynn K. Dudoit, HQ State Area Command

Sgt. David L. Howard, Battery B, 1st Battalion, 487th Field Artillery

SpC. Douglas G. Lundy, 12th Personnel Service Detachment

Sgt. Albert Makaanani, HQ State Area Command (2nd Oak Leaf Cluster)

Sgt. Ivan T. Sugai, HQ & HQ Service Battery, 1st Battalion, 487th Field Artillery

SpC. Mi Soon Han, Company C (Medical), 29th Support Battalion

SpC. Rosanna M. Pavez, Company B, 193rd Aviation

SpC. Jerome T. Ramos, 111th Army Band

Pfc. Nicole K. Moser, HQ & HQ Company, 29th Infantry Brigade (Separate) (1st Oak Leaf Cluster)

Air Force Commendation Medal

Lt. Col. Miles H. Aoki, 201st Combat Communications Group

Maj. Martin P. Morschell, 201st Combat Communications Group

Senior Master Sgt. Herbert H. Honjo, 154th Air Control Squadron

Senior Master Sgt. Gordon T. Kireto, 154th Air Control Squadron

Master Sgt. John Botelho, 154th Mission Support Flight

Master Sgt. Frankie D. Saligumba, 154th Mission Support Flight

Master Sgt. Dexter J. Takashima, 154th Air Control Squadron

Master Sgt. Dennis K. Takemoto, 154th Air Control Squadron

Master Sgt. Vance S. Yamamoto, 154th Air Control Squadron

Tech. Sgt. Andy Dumbrique, 154th Air Control Squadron

Tech. Sgt. Norman Arizo, 154th Air Control Squadron

Tech. Sgt. Douglas W. Brandt, 154th Air Control Squadron

Tech. Sgt. Joseph D. Briones, 154th Air Control Squadron

Tech. Sgt. Nolan Faildo, 154th Air Control Squadron

Tech. Sgt. John M. Gebauer, 154th Air Control Squadron

Tech. Sgt. Nelson T. Hashimoto, 154th Air Control Squadron

Tech. Sgt. Dwayne T. Higashi, 154th Air Control Squadron

Tech. Sgt. Ainsley H. Hori, 154th Air Control Squadron

Tech. Sgt. Carolina S. Togami, 154th Mission Support Flight

Tech. Sgt. Rex I. Nakamura, 154th Mission Support Flight

Tech. Sgt. Bruce Y. Takekuma, 154th Air Control Squadron

Tech. Sgt. Clayton T. Ueno, 154th Air Control Squadron

Staff Sgt. Sabrina A. Carreiro, 154th Mission Support Flight

Tech Sgt. Alfredo J. Cacatian, 154th Air Control Squadron

Staff Sgt. Glenda Buis, 154th Mission Support Flight

Staff Sgt. Steven M. Carvalho, 154th Air Control Squadron

Staff Sgt. Balthazar R. Duldulao, 154th Air Control Squadron

Staff Sgt. Chad A. Fujii, 154th Air Control Squadron

Staff Sgt. Renato B. Gabriel, 154th Air Control Squadron

Staff Sgt. Randal S. Kobashikawa, 154th Air Control Squadron

Staff Sgt. Nicholas Muragin, 154th Mission Support Flight

Staff Sgt. David K. Shimogawa, 154th Mission Support Flight

Staff Sgt. Darryl L. Unciano, 154th Air Control Squadron

Senior Airman Edwin H. Bugarin, 154th Air Control Squadron

Senior Airman Chad C. Dusenberry, 154th Air Control Squadron

Senior Airman Daniel C. Finchum, 154th Air Control Squadron

Senior Airman Levi K. Ingram, 154th Air Control Squadron

Senior Airman Alex A.

Mendoza, 154th Air Control Squadron

Senior Airman Jason T. Peralta, 154th Mission Support Flight

Senior Airman Jerry R. Raquel, 154th Mission Support Flight

Senior Airman Jason H. Visitacion, 154th Mission Support Flight

Senior Airman Roy Y. Yokotake, 154th Mission Support Flight

Army Achievement Medal

Capt. Kenneth S. Hara, 103rd Troop Command, (2nd Oak Leaf Cluster)

Capt. Steve C. Lai, 117th Public Affairs Team (2nd Oak Leaf Cluster)

1st Lt. Brian L. Peterson, Counterdrug Support Program

1st Lt. Jared I. Sproat, Company C, 193rd Aviation

Master Sgt. Kurtis T. Mabe, 103rd Troop Command (3rd Oak Leaf Cluster)

Sgt. 1st Class Rex N. Brun, HQ & HQ Company, 29th Infantry Brigade (Separate)

Sgt. 1st Class Bert M. Ogasawara, Ordnance Training Battalion, Regional Training Site-Maintenance (2nd Oak Leaf Cluster)

Staff Sgt. Jerry T. Kikiloi, Ordnance Training Battalion, Regional Training Site-Maintenance

Staff Sgt. Michael A. Ramirez, HQ State Area Command (2nd Oak Leaf Cluster)

Sgt. Constantino Froilan, 227th Engineer Company, -Det. 1 (3rd Oak Leaf Cluster)

Sgt. Jeffery S. Mertens, HQ & HQ Company, 29th Infantry Brigade (Separate) (1st Oak Leaf Cluster)

Sgt. Alejandro Sias Jr., 29th Infantry Brigade (Separate)

Sgt. Naea K. Straus, Det. 1, Company B, 2nd Battalion, 299th Infantry (1st Oak Leaf Cluster)

Sgt. Edward Villaruel III, 227th Engineer Company (- Det.)

SpC. Daniel C. Ablao, Det. 1, Company B, 2nd Battalion

SpC. Nelcon B. Cortez, HQ & HQ Company

SpC. Shane K. Francisco, HQ & HQ Company, 29th Infantry Brigade (Separate)

SpC. Michael G. Hymer, HQ & HQ Company, 29th Infantry Brigade (Separate)

SpC. Rudolf I. Mangarero, HQ & HQ Company, 2nd Battalion, 299th Infantry (1st Oak Leaf Cluster)

SpC. Walter K. Miller, HQ & HQ Company, 29th Infantry Brigade (Separate) (4th Oak Leaf Cluster)

SpC. Jared B. Rourman Det. 1, 227th Engineer Company

SpC. Orlando D. Palafox, Det. 1, Company B, 2nd Battalion, 299th Infantry (1st Oak Leaf Cluster)

SpC. Elva Schaben, 229th Military Intelligence Company

SpC. Leandro Santos, HQ & HQ Company, 29th Infantry Brigade (Separate)

Pfc. Barry K. DeBlake, HQ & HQ Company, 29th Infantry Brigade (Separate)

Pfc. Dante P. Gamboa, HQ & HQ Company, 29th Infantry Brigade (Separate)

Pvt. Daniel R. Chipp, HQ & HQ Company, 29th Infantry Brigade (Separate)

Air Force Aerial Achievement Medal

Lt. Col. Edward N. Pickering, 199th Fighter Squadron

Maj. Darrell Y.H. Chung, 199th Fighter Squadron

Maj. William C. Ladd, 154th Wing

Maj. Chris K. Sakamoto, 199th Fighter Squadron

Capt. Wade Y. Okaneku, 199th Fighter Squadron

Capt. Adrian L. Kinimaka Jr., 199th Fighter Squadron

Capt. Stan W. Hong, 199th Fighter Squadron

Hawaii National Guard Commendation Medal

Lt. Commander Anna L. Rybat, U.S. MEP Command

Sgt. 1st Class Elizabeth K. Kanui, Regional Training Site - Maintenance

Sgt. Alfred T. Scott, 25th Infantry Division (Light) Detachment, Rear Command Post Operations Cell)

Hawaii National Guard Recruiting Ribbon

Leading a group of 31 Hawaii Army National Guard soldiers to earn the newly established Hawaii National Guard Recruiting Ribbon were Sergeants 1st Class Mark T. Shiraishi and David Aponte.

The ribbon, established Oct. 1, 1996, included enlistments up to December of last year. They were presented to soldiers from private to general who enlisted two individuals for the initial award and a Kahili for each additional pair of enlistments.

Shiraishi, from Battery B, 1st Battalion, 487th Field Artillery earned a 4th Bronze Kahili, while Aponte, from Company C (Medical), 29th Support Battalion, earned a 2nd Bronze Kahili.

State Department of Defense

Long Range Plan unveiled

By Lt. Col. Fred Fogel

Over the past year, senior leaders from the State Department of Defense have met to formulate a long range plan that provides guidance for today's planning decisions based on a plausible view of the future. This was no easy task, and remains ongoing. Divisional planners have used draft copies of the State DOD plan as a template to devise their strategic (5-year) plans. Ultimately, units will develop interlocking action plans that focus on specific tasks in the year ahead. This article briefly covers the State DOD values, mission, vision, and goals as determined by the State DOD planning team.

The State DOD Long Range Plan is values-based. All members of the organization should weigh their daily decisions against these values. If an action or business decision goes against any of these values, the person should think again about that action or decision.

• Aloha Spirit - a mutual regard and affection, which extends warmth and caring, with no expectation in return.

• Caring (Malama) - for the dignity of human life, our land and culture.

• Commitment (Kuleana) - to the mission and the activities that support the mission.

• Excellence (Po'okela) - outwardly humble, inwardly proud, and always doing our best.

• Giving (Hana mau) - in the true sense of aloha, selfless and continuous service to our communities, state and nation.

• Integrity (Pono) - the courage to do what is right.

• Loyalty (Kupa'a) - steadfast allegiance to the ideals of the state and nation.

The mission of the State DOD includes what we do, who we do it for, how we do it and why.

"The State of Hawai'i, Department of Defense - trained and qualified citizen soldiers, airmen, and state personnel serving the people of Hawai'i and the nation by providing for their safety and welfare through responsive

leadership, in a culture of partnership, pride and trust - Alaka'i."

The vision of the State DOD is what we are striving for.

"Hawai'i's guardians - A premier and enduring team of Army National Guard, Air National Guard, Office of Veterans Services and State Civil Defense professionals, vital to the future of our state and nation, serving in peace, crises and conflict."

The State DOD goals are in the following five areas: people, readiness, training, equipment and facilities, and force structure. The divisions of State Civil Defense and Office of Veterans Services were addressed separately.

• People — Cultivate an atmosphere of caring and respect for our people and customers.

• Readiness — Ensure the State DOD is prepared for both present and future missions.

• Training — Provide educational opportunities that are well-planned, challenging and relevant to mission/task outcomes.

• Equipment and Facilities — Plan, build, acquire and maintain equipment and facilities that enhance professionalism, customer service, and readiness.

• Force Structure — Develop a force structure that provides world-class response to the needs of the community, state and nation.

• State Civil Defense — Maintain and improve the state-wide emergency management system (inclusive of all levels of government, the private sector, and voluntary organizations).

• Office of Veterans Services — Serve as the principal state office responsible for the development, performance and control of programs, policies and activities on behalf of veterans and their dependents.

Subsequent articles will address the planning future and the process of integrating action plans. If you have any questions or comments on the State DOD plan, please contact Lt. Col. Fred Fogel, at 733-4248.

Training Schedule

Listed below are the inactive duty training dates for all Hawaii Army and Air National Guard units. Dates for subordinate units are the same as their parent headquarters, unless otherwise indicated. All dates are subject to change.

Hawaii Army National Guard	May	Jun	Jul
HQ, STARC, HIARNG	2-3/16-17	-	11-12
29th Infantry Brigade (Separate)	13-14	-	11-12
2nd Battalion, 299th Infantry	13-14/30-31	-	6-7
Company A	2-3/30	-	11-12
Company B	1-3/30-31	-	11
Company C	2-3/30-31	-	11-12
Company D	1-3/30-31	-	11-12
227th Engineer Company	13-14	-	11
1st Battalion, 487th Field Artillery	1-3	-	18-19
Battery A, B, C	2-3	-	18-19
103rd Troop Command	2-3	28	11-12
298th Engineer Det.	2-3/23-24	-	11-12
HHD, 12th Personnel Service Det.	15-17	6-7	-
Company B, 193rd Aviation	2-3/16-17	6-7/13-14	11-12
Company C, 193rd Aviation	2-3	6-7	11-12
Medical, CECAT	1-3	6-7	27
RAID	1-3	6-7	11-12
Hawaii Air National Guard			
HQ, Hawaii Air National Guard	2-3	6-7	11-12
154th Wing	2-3	6-7	11-12
201st Combat Communications Group	2-3	6-7	11-12