

Community

Airlift crew donates school supplies page 3



Environment

Restoration of Battery Harlow on track page 5



Family

Conference, youth training highlights page 7



Hawaii State Department of Defense

pupukahi

pupukahi: "harmoniously united"

Vol. 36, No. 2

3949 Diamond Head Road, Honolulu, Hawaii 96816-4495

April - June 2001

Calendar

July 7-21

Company B, 2nd Battalion, 299th Infantry, deployment Australia for Exercise PACIFIC RESERVE.
Company B (Maintenance), 29th Support Battalion, deployment to Italy.

July 14-28

298th Engineer Detachment deployment to Japan.

July 18, Wednesday, 10 a.m.

Dedication and blessing of Hawaii Army National Guard's Detachment 55 hangar at Army Aviation Support Facility #1, Wheeler Army Airfield, Wahiawa, Hawaii

July 21, Saturday

Dedication and blessing of Hawaii Army National Guard's Army Aviation Support Facility #2 at General Lyman Field, Hilo, Hawaii

August 17, Friday

Admission Day, state holiday only.

August 30 - September 30

HIARNG Commanders Conference, Hale Ikena, Fort Shafter.

September 3, Monday

Labor Day, federal and state holiday.

September 21-23

Hawaii National Guard Softball Tournament, time and location to be announced.

October 8, Monday

Founders' Day, federal holiday only.

November 23, Thursday

Thanksgiving Day, federal and state holiday.

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Medic responds to alert in D.C.

By Master Sgt. Bob Haskell
National Guard Bureau

Home may have been five time zones to the west, but Hawaii Army National Guard **Spc. Jonathan J. Knox** was in the right place at the right time to help a man in distress while visiting Washington, D.C., during June's second week.

Knox, a combat medic who is pursuing a degree in nursing, also demonstrated why he is one of the Army National Guard's Outstanding Soldiers of the Year, the reason he was in the nation's capital in the first place.

He gave emergency medical assistance to a 52-year-old civilian man who, Knox related, collapsed and struck his head on the floor in the same Arlington, Va., hotel where Knox and the Army Guard's five other top soldiers for 2001 were staying. The man showed symptoms of heat stroke, dehydration and a slight concussion, Knox said.

Taking his job seriously

"My medical aide bag was in my room, so I had everything I needed, including my stethoscope, to revive the man and monitor his vital signs and keep him stable until an ambulance arrived," Knox recalled this week from the armory where he works fulltime in Wahiawa. "I had to cool him down slowly because he had gotten overheated



from being in the sun too long," Knox explained. "I stayed with him for about 25 minutes before handing him off to the emergency medical team."

The incident occurred on the evening of Wednesday, June 13, after the citizen-soldiers and their escorts had returned from a twilight tattoo on The Ellipse. Another member of the group saw the man after he had collapsed and sent for Knox, knowing he was a trained Army medic. Knox quickly took charge. At 31, he is a full-time personnel clerk with the 1st Battalion, 487th Field Artillery's Service Battery in Wahiawa. He served two years in the

GUARD MEMBERSHIP PAYS OFF — Spc. Jonathan J. Knox accepts a Defense Commissary Agency/Hawaiian Isles Kona Coffee scholarship which will go toward his nursing degree tuition. (Story on page 3)

Sgt. 1st Class Stephen M. Lum photo

active Army as a flight operations controller. Medicine, however, is his calling.

Military training leading to medical career future

He became a combat medic after joining the Guard last year, and he is a certified emergency medical technician. He is also a cardiopulmonary resuscitation and lifeguard instructor. Knox is studying to become a registered nurse in a University of Phoenix program in Hawaii.

"I get a sense of pride, even joy, from treating people," said Knox, who has assisted the victims of two automobile accidents as well as another person who received an electrical shock during the past year. "Medical work is very fast-paced. You're always training, training, training. When you find yourself dealing with an emergency, everything becomes automatic."

It was that training — military and civilian — that enabled the citizen-soldier from Hawaii to comfort a stricken man on a June night in northern Virginia.

Hawaii Guard helps "keep the peace"

By Maj. Charles J. Anthony

The State of Hawaii hosted the 34th annual Board of Governors meeting for the Asian Development Bank (ADB), May 7-11, at the Hawaii Convention Center. The State of Hawaii, Department of Defense, which includes the National Guard and State Civil Defense, played an important role in ensuring that the conference was held without any major incidents. Local protest organizers vowed that no acts of violence would occur during the conference, but security forces had to plan for the possibility of civil disturbances like those that erupted at recent World Trade Organization and World Bank meetings held in Seattle, Washington and Washington, D.C., respectively.



BEST FOOT FORWARD — Specialists Roylan T. Ulep, Yuan-Chyi Yong, and Marlo A. Cabigon are from Company B (Maintenance), 29th Support Battalion, practice a riot control stance at Kalaeloa. Sgt. Lance M. Kamisugi photo

As part of the State's security plan, a Rapid Response Force (RRF) comprised of drill-status soldiers from the Hawaii Army National Guard's Company B, 29th Support Battalion, were present at the Convention

Center during the protest march held on May 9. No serious threats to the Convention Center or to delegates attending the conference materialized, but the unit was ready. "Those soldiers were definitely up to the chal-

lenge," said Capt. Christopher Slavens, company commander. The RRF was placed on three days of State Active Duty during the middle of the conference. Hundreds of other soldiers and airmen took part in civil disturbance training during the March and April drills and could have been available for State Active Duty if the situation had warranted.

Sixty-five members of the Hawaii National Guard, mostly airmen from the Hawaii Air National Guard, were also pressed into service as drivers for the ADB delegates. As part of their training, the drivers were given instruction on how to check for possible explosives under their cars, and how to react if confronted by hostile protesters.



Command Notes

Maj. Gen. Edward L. Correa Jr.
The Adjutant General

I want to acknowledge the efforts of everyone who worked on the Asian Development Bank (ADB) conference held at the Hawaii Convention Center in May (see article on page 1). Although a National Guard presence was not very visible, we played a significant part in ensuring the conference went well. Hawaii National Guard soldiers and airmen were pressed into service as drivers for the ADB delegates. We had a rapid response force on hand, just in case, and public affairs personnel assisted by providing accurate information to the international press which had assembled to cover the conference.

Congressional delegates briefed

Recently, a small group of Hawaii National Guard personnel paid separate visits to U.S. Senator Daniel Inouye and U.S. Representative Neil Abercrombie and their staffs. We outlined for these congressional delegates our vision for the future of the Hawaii Guard. By planning well in advance and by working with our elected representatives, we can actually help to shape what our equipment and facilities will look like in the years to come. When you see them, please thank them for what they do for our country and this wonderful place!

Memorial Day moments

Memorial Day is always a special holiday for me. This past Memorial Day, I attended ceremonies at the National Memo-

rial Cemetery of the Pacific at Punchbowl and the Hawaii State Veterans Cemetery that paid homage to our men and women who have given their lives in defense of our country and the liberation of oppressed people around the world (see photo on page 4). At the Hawaii State Veterans Cemetery, Gov. Benjamin J. Cayetano told the story of Queen Lilioukalanani, who during World War I was still detained at Washington Place. After the overthrow, Lilioukalanani only flew the Hawaiian flag at her residence, but she was so moved by accounts of Hawaiian soldiers shedding their blood for the United States in the war in Europe that she then began flying the American flag alongside the Hawaiian flag at Washington Place. Retired Gen. Fred Weyand, a former chairman of the Joint Chiefs, reminded us that we must remain ever vigilant. He told of how the Korean War began because Joseph Stalin believed the United States would not be able to react to aggression on the Korean Peninsula, because the U.S. Army had demobilized too quickly after World War II. The lack of readiness in 1950 cost more than 36,000 U.S. lives. I believe it is also important to acknowledge our service men and women who have fallen during peacetime as well. Ours is a dangerous profession, in war and in peace.

Air commanders change

Change is one of the constants in our business. We are in the business of growing leaders. Recently, I had the privilege of attending several change of command ceremonies within the Hawaii Air National Guard. The 292nd Combat Communications Squadron on Maui has a new

commander, Maj. Gary Thomas. The 154th Security Forces Squadron held a

change of command ceremony during the June drill. Capt. Wayne Acosta took over the helm from Capt. Cyrus Lung. The 154th Wing has a new vice commander—Col. Pete “Skipper” Pawling, as well as a new Operations Group commander—Lt. Col. James “Bat” Drake, and a new 199th Fighter Squadron commander—Lt. Col. Chris “Sock” Sakamoto. We are fortunate to have such officers to lead our airmen into the future. HOOAH!

Soldiers train away from home

It has been a very busy spring for us, and our department has a number of important events coming up. The soldiers of Company C and Company D of 2nd Battalion, 299th Infantry, recently returned from their Annual Training (AT) at the Joint Readiness Training Center (JRTC) at Fort Polk, La., where they performed outstandingly. They were used as opposing forces going up against some of the best units in the U.S. Army. By the time this issue is published, the 487th Field Artillery will be in Fort Lewis, Washington, the Military Police Platoon from Headquarters and Headquarters Company, 29th Separate Infantry Brigade, will have been to Germany, and Company B, 29th Support Battalion, will

have gone to Italy. The 298th Engineer Detachment will be going to Japan in July, and Company B, 2nd Battalion, 299th Infantry, will deploy to Australia that same month. That is just a list of units that will be heading outside the state for AT.

Wing's record recognized

In July, the Hawaii Air National Guard's 154th Wing will hold a ceremony marking the receipt of its seventh Air Force Outstanding Unit Award. This latest award is for exceptionally meritorious service from July 1998 to July 2000. The skills of the unit's airmen were proven in Operations NORTHERN and SOUTHERN WATCH, DELIBERATE FORGE, ALLIED FORCE and PHOENIX SCORPION. There

is not a more deserving unit in the entire Air National Guard. Exceptionally well done!

One thousandth Corpsmember graduates

By the time this issue arrives in your mailbox, we will have graduated the 14th class of our Youth CHALLENGE Academy (YCA). Since 1994, the program has graduated about a thousand young men and women. More than 80 percent have gone on to receive their high school diplomas. As you may recall from our last issue, YCA was selected as the best overall program of its kind in the nation by the United Services Organization.



NEWEST STAR — Brig. Gen. Albert “Putt” Richards, the 154th Wing commander, joins the ranks of Hawaii Air National Guard generals in May. Gov. Benjamin J. Cayetano and Richards' wife, Susan, do the pinning honors.
Derek R. Inoshita photo

Departmental News

American Forces Network broadcast on local cable

‘Olelo Community Television is now televising the Pacific Report, a daily news program produced by American Forces Network (AFN). The 15-minute program appears Monday through Friday on Oahu, Channel 52, at 7:45 a.m. and 5:45 p.m. The Pacific Report, which originates in Tokyo, features breaking news, stories about the people of the Pacific Command, and regional weather from across the Pacific. AFN donated a satellite dish to ‘Olelo to accommodate the downlink.

Army, Air Force Secretaries sworn in

On successive days, nominees for secretaries of

the Army and the Air Force were sworn in in May and June.

Thomas E. White became the 18th secretary of the Army, and Dr. James G. Roche became the 20th Secretary of the Air Force.

Secretary of the Army: is responsible by statute for all matters relating to the Army manpower, personnel, reserve affairs, installations, environmental issues, weapons systems and equipment acquisition, communications, and financial management. He leads a workforce of nearly one million active and reserve soldiers, and 270,000 civilians.

White began his service to the nation in 1967,

after graduating from the U.S. Military Academy at West Point.

His career included two tours in Vietnam; serving as commander of 1st Squadron, 11th Armored Cavalry Regiment; commander, 11th Armored Cavalry Regiment, V

of service. He is the recipient of the Arleigh Bruke Fleet Trophy for the Navy's most improved combat unit in the Pacific in 1974, while commander of the USS Buchanan.

Secretary of the Air Force: responsible for the functioning and effi-



White



Roche



pupukahi

State of Hawaii Department of Defense
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Battle, Knox, Isaki achieving goals

By Cadet Wendy R. Cook and Sgt. 1st Class Stephen M. Lum

Preparation and self-confidence seem to be the key to winning the Non-commissioned Officer and Soldier of the Year board, that and a strict study schedule according to this year's winners for the Hawaii Army National Guard.

NCO keeps Chinook personnel files

The NCO of the year is **Sgt. Matthew B. Battle**, Company C, 193rd Aviation, the unit personnel administrator both drill status and as a technician for the Army Guard. He spent eight years on active duty before joining the Kentucky Army National Guard. His wife and three children moved with him to Hawaii three years ago when he transferred to the Hawaii Guard and they currently reside in Waianae. Battle also has had some prior experience competing for the NCO of the year when he went to the Boards for the Kentucky National Guard in 1997.



BATTLE PLANS — Sgt. Matthew B. Battle, Hawaii Army National Guard's Noncommissioned Officer of the Year, is a personnel administrator with Company C, 193rd Aviation. Cadet Wendy R. Cook photo

Knox wears many hats

The soldier of the year is **Spc. Jonathan J. Knox** of Headquarters and Headquarters Battery, 1st Battalion, 487th Field Artillery. He is a drill-status medical specialist and a full-time military personnel technician. Knox spent two years on active duty as a flight operations coordinator and has been in the Hawaii Guard for the



Knox

past year and a half where he re-classed into the medical specialist field. He and his two sons reside in Wahiawa. Knox also won the Pacific National Guard Bureau Soldier of the Year at the U.S. Army Pacific competition.

Boards competitive

The boards, which were held from March through April, consist of board members made up of senior noncommissioned officers, usually sergeant majors, who quiz the soldiers on unit and Army history, basic soldier's skills and leadership. Other things also factors include physical training scores, marksmanship and the appearance of

the soldier. The boards often start at company level and move up the chain progressively getting more difficult and more competitive at the HIARNG and U.S. Army Pacific levels. At the USARPAC level, the soldiers and NCOs compete against not just National Guard but the active duty soldiers for the top seat.

"If you're not prepared, there is no way you can come out of there thinking you did a good job. I got the chance to brush up on subjects and gain that much more knowledge as an NCO that I can pass down to the lower enlisted," said Battle. "I think every soldier should get a chance to compete in these. This means everything to me. I competed in 1997 in Kentucky but only made it to brigade level. I'm very proud of myself to make it that far, and it meant a lot that I could represent the company and the Hawaii National Guard."

While neither Knox or Battle took top honors at the USARPAC board, they both felt they had a very good showing and the experience was well worth it. To prepare for the boards, both stuck to strict study schedules studying between one to two hours each day on top of their normal work and family schedules. They read and memorize information from study guides, field and training manuals.

"It did become more difficult with the admin aspects of my new job, managing study time and my sons. But, it makes my mom and sons proud. It's a credit to the medical section where I came from,

HHSB and all the NCOs and fellow soldiers in my unit that I achieved this," Knox said.

Educational scholarships awarded

On a side note, **Knox** was one of six recipients of the newly established educational scholarships presented through the military commissary system. Commercial vendors in conjunction with the Defense Commissary Agency (DeCA) started this program mirroring the agencies military scholarship program started last year. Each commissary makes a presentation.

Knox's scholarship will go toward the registered nurse degree he is pursuing at the University of Phoenix. He is already professionally licensed as an emergency medical technician. He was the Barbers Point commissary recipient of the Hawaiian Isles Kona Coffee award.

Also, **Aaron Isaki**, son of Headquarters, State Area Command's **Staff Sgt. Arthur Isaki** was a recipient of one of the six DeCA scholarships for military dependents. He received the award through the Hickam Air Force Base Commissary. Aaron, who is a computer science student, received \$1,500 of the \$500,000 distributed nationwide this year. "The competition for scholarships," said Aaron, a University of Hawaii junior, "included writing an essay on what it means to be a military dependent, and getting two referrals from college instructors."



MONEY FOR THE FUTURE — Aaron Isaki shares a happy moment with his father, Staff Sgt. Arthur Isaki, a member of Headquarters, State Area Command. Aaron's Defense Commissary Agency scholarship will help defer tuition expenses at the University of Hawaii. Sgt. 1st Class Stephen M. Lum photo

204th Airlift Squadron brings education supplies to Philippines

By Capt. John Sheets, U.S. Air Force with Lt. Col. Ann S. Freed, U.S. Army Combined/Joint Information Bureau

ANGELES CITY, Philippines -- Members of the Hawaii Air National Guard on duty at Exercise Balikatan

2001 gave of their hearts to improve the young minds of Sapang Bato Elementary School students in the Philippines. In May, Hawaii Air Guard donated educational books and school supplies to the teachers and students gathered to witness the dedication of a new school building. The building was constructed by the Armed Forces of the Philippines and U.S. service members during the exercise.

The squadron donated the educational materials as part of the National Guard State Partnership Program.

Hawaii airmen fulfilled their promise last year to come back with more educational supplies for another Angeles City school.

Members of the 204th Airlift Squadron from the Hawaii Guard collected approximately 500 pounds of reference books, encyclopedias, dictionaries and general reading books from unit members and libraries. Chief Master Sgt. Sam Wong, the primary U.S. exercise planner accepted grateful thanks from school principal Ms. Marilou M. Razon during the dedication ceremony.

The 204th's mission is to use their C-130 Hercules aircraft to perform tactical airlift for military operations. They move small numbers of people and equipment to or from home station to or from staging areas to the operational area. During Balikatan 2001 the squadron

was the primary trainer in U.S. airlift operations.

This included training their Philippine Air Force counterparts in cargo preparation, load

planning, load master duties, flight engineer responsibilities, and pilot navigator duties. The Hawaii crew also taught low level navigation over water, for-

mation flying, and tailgate operations - which includes heavy equipment drop, CDS or containerized delivery system drops, and paratrooper jumps.



SETTING THE PARAMETERS -- Chief Master Sgt. Sam Wong, 204th Airlift Squadron crew chief, provides instruction to U.S. and Philippine Air Force personnel during Exercise Balikatan 2001.

Hawaii Department of Defense involvement



“WE’VE GOT TO DO THIS MORE OFTEN” — Lt. Col. Edwin “Skip” Vincent (above), 154th Support Group commander, addresses the unit during a bivouac held in May. Master Sgt. Kenneth Taipin (left) shares with a family member how a field phone operates at the end of the bivouac, when families were shown firsthand how National Guard airmen train in the field. *Hawaii Air National Guard photos*

ALL-STAR BRIEFING — Lt. Gen. Russell Davis, National Guard Bureau chief, confers with Maj. Gen. Edward L. Correa Jr., the adjutant general, and his staff in May. Joining the TAG in the briefing were Brigadier Generals’ Myron N. Dobashi, Hawaii Air National Guard commander; James S. Carpenter, Hawaii Army National Guard commander; and Albert “Putt” Richards, 154th Wing commander.

Sgt. 1st Class Stephen M. Lum photo



HONORING OUR FALLEN HEROES — Gov. Benjamin J. Cayetano and retired Army Gen. Fred C. Weyand, joined by Petty Officer 2nd Class Jarrett Owens, U.S. Coast Guard, render honors after placing a wreath during the Governor's Memorial Day Ceremony, Hawaii State Veterans Cemetery, in May.

Sgt. 1st Class Wayne T. Iha photo



THOUSAND MEMBERS CORPS GRADUATES — Corpsmembers of Hawaii National Guard Youth CHalleNGe Academy graduating Class 2001-14 celebrate making it through the five and a half month program. This class includes the 1000th corpsmember to complete the youth “at-risk” program. *Spc. Justin L. Green photo*



Mālama i Ka 'Āina Koa

"Preserving the soldier's land"

No. 7

Hawaii Army National Guard Environmental Office

April - June 2001

Stewards of Hawaii's lands continue restoration

Story by Cadet Wendy R. Cook and
Sgt. 1st Class Stephen M. Lum

Preservation and restoration are the watch words of the Hawaii Army National Guard Environmental Office. It's putting those words into action by sponsoring the annual Earth Day project to restore Battery Harlow.

Preserving the past for the future

Battery Harlow is a World War I mortar emplacement located on the side of Diamond Head crater in the former Fort Ruger area. The crater's ecosystem was damaged many years ago when human contact brought many non-native plant species to the area, most notably the fountain grass which spreads quickly and overtakes many of the native plants to the area. It also dries quickly and becomes a fire hazard. Efforts to restore the area have included planting of a garden along the slopes, clearing the fountain grass and other nonactive species, reintroducing native species by planting and some minor landscaping of the area. There have also been efforts by the office's cultural awareness section to restore and preserve what is left of the historic Battery Harlow itself.

Volunteers given ecology lessons

The Earth Day 2001 project in April, brought together volunteers from Hawaii Guard, their families and even a few civilian volunteers who walked by and joined the effort. However, the largest group of volunteers came from the Boy Scouts Troops 32, 49 and 101. The boys and their leaders had spent the previous night camping inside the crater, learning about the fragile ecosystem and completing their project by helping to clear the debris and plant. They also spread mulch and watered the newly-planted species.

The effort to restore the area has been kept up by the Hawaii Army National Guard for the last few years. Clean up projects are held semiannually in celebration of Army Earth Day and National Public Lands Day. Volunteers are always welcome to assist in the upkeep of the area in between and during the events.

Hawaii Army Guard's environmental spokesman, Capt. Steve C. Lai, said, "the Hawaii Guard welcomes the opportunity to get involved in preserving our environment. We encourage residents and organizations in the proximity of Diamond Head to support and participate in our preservation efforts here."

Geotextiles protecting "our" lands

Using geotextile, the Hawaii Guard's full-time environmental staff has again taken a proactive role in the



protection of our fragile ecosystem.

Nine tons or 1,000 meters of the jute weaved mesh were laid on 10 acres of Maui's Ukemehame firing range berms by the staff last year. The project, completed in a week, took 347 man-hours.

In May, 10 staffers took a day to lay geojute over an acre of soil surrounding Battery Harlow.

The porous fabric mesh slows down the erosion of dried sparse foliage areas, while replanting of native fauna and irrigation help to restore the lands.

Jennifer VandeBrake (left), a compliance technician with the Hawaii Army National Guard Environmental Office, pushes in a pin to hold the geojute in place at Diamond Head's Battery Harlow.

Geojute photos by

Sgt. 1st Class Stephen M. Lum



COMMUNITY INVOLVEMENT — Boy Scouts and other volunteers help clear debris from Diamond Head's World War I era built Battery Harlow. The Coast artillery battery grounds are continuously being restored during Earth Day and Public Lands Day events.

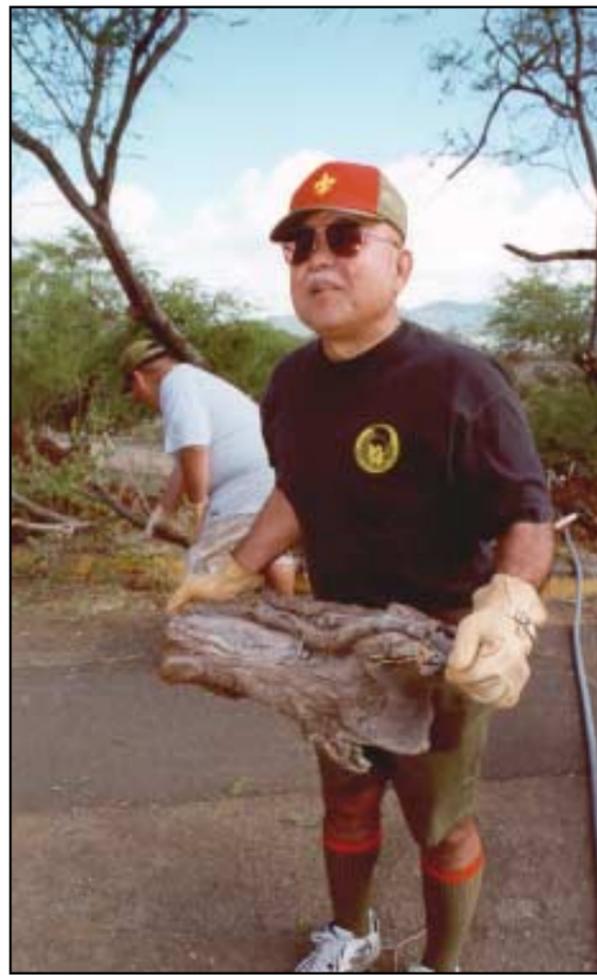
Earth Day2001 photos by Sgt. 1st Class Wayne T. Iha



ENDANGERED NAUPAKA STORY SHARED — Sgt. Donna Wu, Hawaii Army National Guard soldier and member of the Guard's environmental staff, informs the Troop 32 Boy Scouts of the important role they're playing in revegetating Diamond Head Crater with native plants like the Naupaka, during Earth Day 2001.



PICKIN' UP AND MOVIN' OUT — Steve Lim, assistant scoutmaster (left) and Clark Agena, 16, a star scout with Boy Scouts Troop 32 (Waipio, Oahu), haul debris away from the historic Battery Harlow, on the slopes of Diamond Head.



THAT ONE'S NON-NATIVE — Brig. Gen. Clarence M. Agena, the deputy adjutant general of Hawaii, points out the difference between native Hawaiian and non-native plants to Arlen Ebessugawa, 12, of Boy Scouts Troop 32.



TEAMWORK — A bolt of Geojute is unrolled over the dusty bank of Diamond Head's Battery Harlow by Lincoln Yamashita, Shirley Zhai, Melissa Dumarman, Brad Uyeda, Paul Lyden, Melissa Ito, and Jennifer VandeBrake.

<http://www.dod.state.hi.us/pupukahi.html> • April - June 2001 • pupukahi • 5

Hawaii Guard marathoners looking for running mates

By Maj. Wesley H. Tanji and Maj. E. Scott Kimsey

In May, four Hawaii Guard runners competed in the National Guard Bureau time trials held in conjunction with the 24th Annual Lincoln Marathon.

Three Army soldiers and one Air Guard pilot from Hawaii joined 2,700 runners at the annual Nebraska event. Guardmembers from 54 states and territories competed for 55 positions on the All-Guard Marathon Team.

Hawaii's superstar was Staff Sgt. Joseph Kauwale, a 40-year old traditional soldier with Battery A, 1st Battalion, 487th Field Artillery. He qualified for the All-Guard Masters Team with a time of 2:59:59. He finished 26th among a field of 202 Guard runners.

Coming in the top 140 Guard finishers were Cpl. Paul-Michael K. Hayes, 27 (3:29:37), Maj. E. Scott Kimsey, 40 (3:43:47), and Master Sgt. Charles Pieters, 39 (3:57:38).

Hayes is a full-time administrative noncommissioned officer with the new 93rd Civil Support Team. Team captain, Kimsey, is a full-time pilot with the 204th Airlift Squadron. Pieters is an area NCO with the Hawaii Army Guard's recruiting force.

Marathon promotes physical fitness

The National Guard's initiative is to promote physical fitness in the Guard and support re-

cruiting events around the country. The team participates at the Marine Corps Marathon in Washington, D.C., the U.S. Navy Blue Angels Marathon in Pensacola, Fla., and the Air Force Marathon in Dayton, Ohio.

Each state is encouraged to send a team, made up of at least three, but no more than five runners. Teams of five must have at least one female runner. "This year, we had no females applying for the team. We are hoping to attract women to the team for next year's competition," said Kimsey. "I know we have the talent in Hawaii. With our consistently perfect training weather, we should always be able to field a competitive team."

Called to see if you qualify

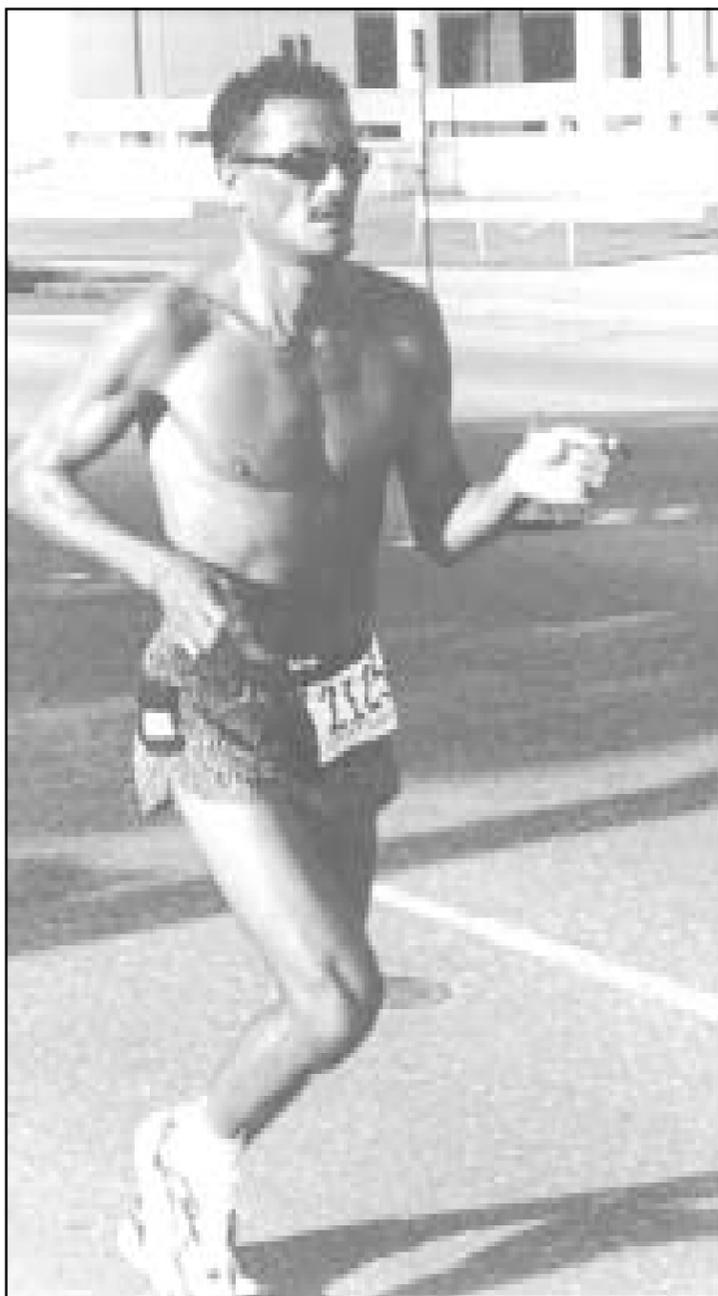
Those desiring to compete must qualify in a marathon within the past 18 months. Qualifying times must be equal to or faster than the times listed below:

Open (men under age 40) 4:00:00

Master (men age 40 and over) 4:15:00

Women (all ages) 4:30:00

For more information, contact Maj. Wesley Tanji, the state marathon coordinator, at (808) 733-4115 or check out the National Guard Recruiting Workshop for Marathoners Web page at <http://www.neguard.com/dcsops/marathon/marathon.html>



HAWAII NATIONAL GUARD MARATHON MASTER — Staff Sgt. Joseph Kauwale makes the All-Guard Masters Team with a time of 2:59:59. He finished 26th among a field of 202 National Guard runners.

Nebraska Natinal Guard photo



HAWAII NATIONAL GUARD MARATHON TEAM MEMBERS — Cpl. Paul-Michael K. Hayes, Staff Sgt. Joseph Kauwale, Master Sgt. Charles Pieters, and team captain, Maj. E. Scott Kimsey.

Sports event update

By Lt. Col. Fred Fogel

The Hawaii National Guard's (HING) Athletic Program is alive and breathing thanks to the efforts of some hard-core volunteers, the financial support of the insurance trust and the interest of senior leadership. A State DoD Directive establishing policy, organizational structure, responsibilities and procedures will be on the streets shortly. Although the directive applies mainly to the core sports of basketball, softball and volleyball, the HING Special Services Board (SSB) envisions future expansion into other activities that promote fellowship, physical conditioning and leadership among all members of the State DoD.

If you have ideas, questions or comments, please contact one of the following HING SSB members:

President	LtCol Fred Fogel	HQ HING	733-4248
Vice President	to be determined	(HIARNG)	
Secretary	SGT Sueann Kauanui	Trp Cmd	453-6755
Treasurer	SSG Steve Abear	169 ACWS	655-7309

HIANG			
Board President	MSG Rose Vendiola	254 MSF	448-7445

HIARNG			
Board President	CPT Buddy Francisco	12 PSD	

The following events are currently scheduled in 2001:

Date	Event	Chair
6-8 July	HIANG Softball	SSG Steve Abear
17-19 Aug	HIANG Volleyball	TSgt Arthur "Kaipo" Sing
18-19 Aug	HIARNG Softball	Ted Endo
21-23 Sept	HING Softball	SSG Steve Abear
23 Sept	Honolulu Century Bike Ride	
		LtCol Fred Fogel
24 Sept-16 Nov	HIANG Basketball	TSgt Richard Costa
5-9 Dec	HING Basketball	TSgt Richard Costa

NOTE: Dates confirmed, but subject to changes

MORE YOUTH TRAINING -- from page 7



"COME ON, KYLE, YOU CAN DO IT" cried his teammates as the blindfolded Kyle Wong of Kauai traverses the "minefield."



LOOSENING UP (left) — Youth trainees do jumping jacks to warm up their muscle for the days activities.



DRILL AND CEREMONY — Hawaii Guard family youth practice Dand C for their final formation in front of their families and friends.



Hawaii National Guard Family Program

Lt. Col. Martha "Marty" Wong
State Family Support Coordinator

Some great events have occurred in recently for the Family Program: the April 7-8 State Family Program Conference and Awards Program and the June 8-11 HING Family Program Youth Training 2001. Following is a pictorial review. Look for yourself, your neighbor, or your youth — if you're not there, come join us in a future Family Program event! Visit the State Family Program website



Marilyn Tolentino, State Team Head Volunteer from Hilo, is presented the perpetual plaque for 2000-2001 by Lt. Col. Martha N. Wong.

at www.dod.state.hi.us/family for more Family Program information and upcoming events.



STATE TEAM MEMBERS — Lt. Col. Martha N. Wong, JoAnne Yamamoto, Barb Yadao-Peti, Harriet Kuni, Bobbie Agena, Bobbie Kito-Hong, Kimo Palakiko and James Almeida at the April conference.

The second annual HING Youth Training 2001 at Camp Timberline was a great success ... just ask the 75 campers who want to come back again next year!! This HING Family Program event is designed to indoctrinate the HING youths, 8-14 years old into the National Guard way of life and help nurture team-building, leadership, networking and fun! The junior leaders, HING youths ages 15-18, work with these younger HING dependents along with adult volunteers to help make this happen. THANKS TO ALL THE GREAT VOLUNTEERS AND YOUTHS!!



TRAINING TO LEAD BY EXAMPLE — Adult Leaders train for Camp Timberline team building events at the Fort Ruger gym. Ken Wong of Boy Scout Troop 32 and Oahu volunteers JoAnne Yamamoto, Henry Waiau, Kimo Palakiko, Kelly Wilkinson and Sophia Hensz carry MayLee Agena of Kauai.



BLIND LEADING THE BLIND (left) — Brittny Leshner leads the way in the "blind trust" activity.

CROUCHING TIGER (below) — A youth moves through the trees with safety harness in the high rope activity open only to the 11-14-year olds.



KEEPERS OF FIRE — Boy Scouts Brandon Seki and Eddie Iinumi, from Troop 32, get the campfire started for roasting marshmallow and making s'mores. The Scouts are working toward their Eagle Scout badge.



FIREWALKERS (below) — Senior leader Master Sgt. Dave Murray and junior leader Reuben Sabog Jr. lead hikers up the mountain to the campfire site for the end of the days events.



Dear Colonel,
The youth Camp was so much fun I'm going to come every year.
Thank you for everything.
Sincerely,
Violet A.
P.S. My favorite part was the Drill and ceremony. (D&C)

For more information about the Family Program or Family Readiness Groups (FRGs), please contact the Family Program office at 732-1823 or 1-800-732-6964, nationwide. We can help get your unit and family members on the road to readiness and self-sufficiency as a part of our vital Hawaii National Guard Team! Training and resources for your families are just a phone call away. Make sure you have your Hawaii National Guard "purple magnet" with important phone numbers for every HING family. The important numbers are the Family Program Office numbers above, plus the Red Cross Emergency Contact phone number during deployments, 473-3155.

Editor's note: Photos at family conference and youth training events were taken by journalists from the 117th Mobile Public Affairs Detachment and Headquarters, State Area Command Public Affairs section. Photo journalist are Sgt. 1st Class Wayne T. Iha, Staff Sgt. Curtis H. Matsushige, Sgt. Lance M. Kamisugi, Sgt. Nicholas D. Harris, Sgt. Onassis A. Aris, and Spc. Justin L. Green.

Awards and Recognition

Members and units of the Hawaii Army and Air National Guard were recently presented with awards in recognition of their outstanding performance.

Aviation Intermediate Maintenance: AVIM
 Combat Support Team (Weapons of Mass Destruction): CST (WMD)
 Company: Co.
 Detachment: Det.
 Hawaii Air National Guard: HIANG
 Headquarters: HQ
 Headquarters & Headquarters Company: HHC
 Headquarters & Headquarters Service Battery: HHSB
 Oak Leaf Cluster: OLC
 Reconnaissance & Intrastate Detachment: RAID
 Regional Training Institute: RTI
 State Area Command: STARC

Meritorious Service Medal

Lt. Col. Jerry Bona, 169th Aircraft Control & Warning Squadron (1st OLC)
 Lt. Col. Robert E. Freeburg Jr., HQ, 154th Wing
 Lt. Col. Harold H. Fujii, 203rd Air Refueling Squadron
 Lt. Col. Ann M. Greenlee, HQ HIANG (2nd OLC)
 Lt. Col. Susan Higgins, 154th Mission Support Flight (1st OLC)
 Lt. Col. Arthur Logan, 1st Battalion, 487th Field Artillery
 Lt. Col. Stanley J. Osserman, 203rd Air Refueling Squadron (2nd OLC)
 Lt. Col. Charles K. Pribyl, 169th Aircraft Control & Warning Squadron
 Lt. Col. Roy C. Smith, HQ, 201st Combat Communications Group (1st OLC)

Lt. Col. Edwin A. Vincent Jr., 203rd Air Refueling Squadron (1st OLC)
 Maj. David H. Molinaro, 154th Aircraft Generation Squadron
 Maj. Martin P. Moerschell, HQ, 201st Combat Communications Group (1st OLC)
 Maj. Kyle T. Yanagisawa, 169th Aircraft Control & Warning Squadron
 Capt. James M. Doolin, 293rd Combat Communications Squadron
 Chief Warrant Officer Milton M. Matsuda, HQ STARC
 Chief Warrant Officer Roy H. Okano, HQ STARC
 Chief Warrant Officer Keith T. Takahashi, HQ STARC
 Command Sgt. Maj. John Y. Yakushiji, 103rd Troop Command (1st OLC)
 Chief Master Sgt. Claesen Apo, 154th Wing
 Chief Master Sgt. Stanley J. Gomes Jr., HQ HIANG
 Chief Master Sgt. Steven S. Kawamura, HQ HIANG
 Chief Master Sgt. Preston C. Nishie, 169th Aircraft Control & Warning Squadron
 Chief Master Sgt. Jack W. Uhrig, 154th Logistics Support Flight (1st OLC)
 Chief Master Sgt. Calvin M. Yoshimoto, 154th Aircraft Generation Squadron (5th OLC)
 Master Sgt. Clifford D. Duro, HHC, 29th Separate Infantry Brigade (2nd OLC)
 Master Sgt. Dennis Q.K. Dung, HQ, 154th Wing
 Sgt. 1st Class Danny V. Antoque, HQ STARC
 Sgt. 1st Class Christina M. Burgess, 2nd Battalion, 298th Regiment

Sgt. 1st Class George M. Kekaulua, Regional Training Site-Maintenance
 Sgt. 1st Class Richardo D. Santos, HQ STARC
 Master Sgt. John T. Kikuyama, 201st Combat Communications Group
 Master Sgt. Clarie L. Tanaka, 291st Combat Communications Squadron
 Staff Sgt. Melvin K. Masaki, HHD, 12th Personnel Service Det.
 Staff Sgt. Shane D. Toombs, 2nd Battalion, 298th RTI (1st OLC)
 Staff Sgt. Manuel E. Viduya, HHSB, 1st Battalion, 487th Field Artillery (2nd OLC)

Army Commendation Medal

Col. Richard S.W. Young, 25th Infantry Division, Det. (3rd OLC)
 Capt. Jeffrey A. Kawakami, 25th Infantry Division, Det. (1st OLC)
 Chief Warrant Officer Rodney N. Correa, 442nd Signal Battalion (NAARNG) (1st OLC)
 Chief Warrant Officer Terrence T. Ito, Co. C., 193rd Aviation (1st OLC)
 Sgt. Maj. Kenneth Y. Murota, HQ HIARNG (2nd OLC)
 Master Sgt. Justin J.L. Fo, HQ STARC (2nd OLC)
 Master Sgt. William F. Hue, HQ STARC (3rd OLC)
 Sgt. 1st Class Anibal Jorge, 207th Regiment, RTI
 Sgt. 1st Class Michael Nii, Co. B, 193rd Aviation (2nd OLC)
 Sgt. 1st Class William A. Rose, HQ STARC
 Sgt. 1st Class Roma Scougal, 207th Regiment
 Staff Sgt. Felimina Alvía, 2nd Battalion, 298th Regiment, RTI (1st OLC)



BEGINNERS LUCK — Pvt. William Madayag (left), a new 227th Engineer Company soldier, is presented a \$1,000 Commander's Challenge gift certificate for a trip for two to Disneyland or Las Vegas by Staff Sgt. Gerald Usagawa, the National Guard Association of Hawaii Insurance Program administrator. Madayag's name was pulled from a list of 109 soldiers who provided recruiting referrals that signed up and enlisted in the Hawaii Army National Guard. The recruiting incentive was provided by the National Guard Association of Hawaii Insurance Program. The association also gave \$1,000 to the Hawaii Air National Guard, which made several smaller gift certificates for its recruiting incentive. Madayag, a junior at Farrington High School, left for basic training at Fort Leonard Wood, Mo., in June.

Spc. Gloria C. Agron photo

Staff Sgt. Rowena N. Balmilero, HQ STARC
 Staff Sgt. Shandrel Daniels, Region G, USAR NCOA Battalion
 Staff Sgt. Resurreccion Lagoc-Williams, HQ STARC
 Staff Sgt. James Mitchum, Region G, USAR NCOA Battalion
 Sgt. McKay K.K. Ernestburg, HHD, 103rd Troop Command

Air Force Commendation Medal

Capt. Wayne J. Acosta, 154th Mission Support Flight
 Capt. Cyrus I.T. Lung, 154th Security Forces Squadron
 Senior Master Sgt. Scott E. Yerya, 154th Aircraft Generation Squadron
 Master Sgt. Charles S. Knowles, HQ, 154th Wing
 Master Sgt. Ted J. Pablo, HQ, 154th Wing
 Master Sgt. Napua N. Sugai, HQ, 154th Wing (1st OLC)
 Tech. Sgt. Norman Arizo, 154th Aircraft Control Squadron (2nd OLC)
 Tech. Sgt. Douglas W. Brandt, 154th Logistics Squadron (3rd OLC)
 Tech. Sgt. Annette D. Gagarin, 154th Aircraft Control Squadron
 Tech. Sgt. George Woolworth, 154th Logistics Squadron
 Tech. Sgt. Douglas T. Yamashiro, HQ, 154th Wing
 Staff Sgt. Shanna Y. Komatsu, 154th Maintenance Squadron
 Staff Sgt. Ivan P. Nacnac, 154th Logistics Support Flight (2nd OLC)

Army Achievement Medal

1st Sgt. John S.H. Huh, Battery C, 1st Battalion, 487th Field Artillery (11th & 12th OLC)
 Sgt. 1st Class Ernie B. Pigao, Battery C, 1st Battalion, 487th Field Artillery (6th OLC)
 Staff Sgt. Joshua T. Amano, 93rd Civil Support Team (3rd OLC)
 Staff Sgt. Allan K. Kapunia, Company B, 193rd Aviation
 Staff Sgt. Randy Lum, Battery C, 1st Battalion, 487th Field Artillery (3rd OLC)
 Staff Sgt. Emilio Madonado, Jr., 93rd Civil Support Team
 Staff Sgt. Lester K. Makalii, Battery C, 1st Battalion, 487th Field Artillery (2nd OLC)

Staff Sgt. Jose Ortiz, 196th Regiment, RTI
 Staff Sgt. Eldenmiro Rodriguez Morales, Battery B, 1st Battalion, 487th Field Artillery (7th OLC)
 Staff Sgt. Roy T. Ushijima, HQ STARC (1st OLC)
 Sgt. Rely . Fernandez, Battery C, 1st Battalion, 487th Field Artillery (2nd OLC)
 Sgt. Dionisio Gonzales, 93rd Civil Support Team (1st OLC)
 Sgt. Ricky E. Goulsby, Battery C, 1st Battalion, 487th Field Artillery (2nd OLC)
 Sgt. Daniel P. Halemano, HHSB, 1st Battalion, 487th Field Artillery (2nd OLC)
 Sgt. David L. Howard, Battery B, 1st Battalion, 487th Field Artillery (1st OLC)
 Sgt. John N. Kaina Jr., Battery C, 1st Battalion, 487th Field Artillery (3rd OLC)
 Sgt. John S. Pelimon, HHSB, 1st Battalion, 487th Field Artillery (2nd OLC)
 Sgt. Randy Y. Tone, HHSB, 1st Battalion, 487th Field Artillery (1st OLC)

Sgt. Darren Van Winkle, Battery C, 1st Battalion, 487th Field Artillery (4th OLC)
 Cpl. Bryan B. Parman, HHSB, 1st Battalion, 487th Field Artillery (3rd OLC)
 Spc. Sean M. Dodge, HHSB, 1st Battalion, 487th Field Artillery (1st & 2nd OLC)
 Spc. Jonathan J.L. Knox, HHSB, 1st Battalion, 487th Field Artillery (2nd OLC)
 Spc. Glenn G. Lamosao, HHSB, 1st Battalion, 487th Field Artillery (1st & 2nd OLC)
 Spc. Randy Malcas, HHSB, 1st Battalion, 487th Field Artillery (1st OLC)
 Spc. David W. Maxwell, Battery B, 1st Battalion, 487th Field Artillery (3rd OLC)
 Spc. Jonathan M. Nebre, HHSB, 1st Battalion, 487th Field Artillery (1st & 2nd OLC)
 Spc. Tyson J. Perry, HHSB, 1st Battalion, 487th Field Artillery
 Spc. Keaau Sprout, HHSB, 1st Battalion, 487th Field Artillery
 Spc. Timothy Stanton, Region G, USAR NCOA Battalion
 Pfc. Christopher M.K. Botelho, HHSB, 1st Battalion, 487th Field Artillery

Pfc. Francisco K. Salgado, HHSB, 1st Battalion, 487th Field Artillery
 Pfc. Christian P. Smith, HHSB, 1st Battalion, 487th Field Artillery
 Pfc. Cyrus H. Takenaka, HHSB, 1st Battalion, 487th Field Artillery
 Pvt. Benjamin Tivao, HHSB, 1st Battalion, 487th Field Artillery

Air Force Achievement Medal

Master Sgt. Donna E. Von, 154th Communications Flight (1st OLC)
 Tech. Sgt. Wain S. Iwaki, 154th Communications Flight (1st OLC)
 Staff Sgt. Robin J. Hoyohoy, 154th Communications Flight
 Staff Sgt. Stanley J.H. Kim, 154th Communications Flight
 Staff Sgt. Victor Talmoa Jr., 154th Communications Flight
 Staff Sgt. Terry S. Yonamine, 154th Communications Flight (2nd OLC)
 Senior Airman Gillian K. Bernabe, 154th Communications Flight

Hawaii National Guard Medal for Merit

Master Sgt. Elizabeth K. Kenui, 103rd Troop Command
 Rose Marie Ader, Hawaii National Guard Youth CHalleNGe Academy
 Sandi Gomes, Hawaii National Guard Youth CHalleNGe Academy

Hawaii National Guard Commendation Medal

Col. Roy C. Waggoner, 3rd Brigade, 25th Infantry Division (Light)
 Maj. Jeffrey T. Namihira, 199th Fighter Squadron
 Capt. Christopher K. Faurot, 199th Fighter Squadron
 Chief Master Sgt. Gregorio P. Navarro, 291st Combat Communications Squadron
 Master Sgt. Brian A. Tom, HQ, 154th Wing
 Staff Sgt. Aaron Kito-Hong, 103rd Troop Command
 Tech. Sgt. Thomas Chock Jr., 154th Logistics Squadron
 Senior Airman Shari M. Sugai, 297th Air Traffic Control Squadron



Safety talk

Maj. Arnold Iaea
 Safety Officer, Hawaii Army National Guard 733-4105/09

Safety Potpourri

ABCs of ATM Safety

Automatic teller machines (ATMs) are easy and convenient, but they also provide new opportunities for thieves. Keep safe during ATM transactions with these tips:

- A.** Be aware of your surroundings. If you feel uneasy, end the transaction quickly and leave the area. If in a car, make sure doors are locked.
- B.** Never walk away from the ATM with cash still in hand. Put your money away before leaving.
- C.** Fill out deposit slips before beginning your transaction and not in plain view. Complete your transaction quickly. Take receipts with you.
- D.** Keep your Personal Identification Number (PIN) private. Don't put it on your card or keep a copy in the same place as your card.
- E.** Avoid using an ATM after dark. If you must, choose one that is well-lit and away from tall bushes.

Remember: Use your ATM card as a convenience, but never let your guard down.

Caution with Carts

Falls from shopping carts are among the leading causes of head injuries to young children. The U.S. Consumer Product Safety Commission (CPSC) estimated that in recent years about 12,800 emergency room visits per year by children 5 years and under were associated with shopping carts. Of those 5,700 were head injuries. About 25 percent were serious head injuries, such as concussions and fractures.

To prevent falls from shopping carts: Use cart seat belts to restrain your child; don't allow your child to stand or ride in the cart basket or to ride or climb on the sides or front of the cart. *Never leave a child in a cart unattended.*

Emergency! How to Help Someone in Shock or Someone Who Faints

If a person faints or is in shock, his or her skin may be pale, cool and clammy. The person may feel lightheaded, confused or may be unconscious. Usually, the person's pulse is weak and fast, breathing is slow and shallow, and his or her pupils may be large. Shock and fainting occur when only a small amount of blood circulates to the brain. This means that the brain is not receiving enough oxygen. Shock can occur after an accident or injury. **What to do?**

- **Call 911.** A person in shock needs immediate medical treatment.
- **Lie the person down** in his or her back with feet elevated above the heart so the brain gets more blood. If the person vomits or bleeds from the mouth, place the person on his or her side to prevent choking.
- **Keep the person warm** by covering with a coat or blankets.
- **Loosen any tight clothes** might restrict blood flow.

Training Schedule

Listed below are the inactive duty training dates for all Hawaii Army and Air National Guard units. Dates for subordinate units are the same as their parent headquarters, unless otherwise indicated. All dates are subject to change.

Hawaii Army National Guard	Jul	Aug	Sep
HQ, State Area Command	-	4-5	8-9
29th Separate Infantry Brigade	7-8	4-5	8-9
29th Support Battalion	-	4-5	8-9
Company B	7-8	4-5	8-9
1st Battalion, 487th Field Artillery	14-15	4-5	8-9
103rd Troop Command	7-8	4-5	8-9
Hawaii Air National Guard			
HQ, Hawaii Air National Guard	14-15	4-5	8-9
154th Wing	14-15	4-5	8-9
201st Combat Communications Group	14-15	4-5	8-9